

Steps for Cleaning and Disinfecting Foot-spas In Personal Service Settings

To prevent the spread of bacteria and fungus, foot-spas must be cleaned and disinfected using the following procedures:

A. After each client:

1. Drain the foot-spa completely.
2. Wash foot- spa basin with detergent and water and use a brush to remove dirt. Rinse with water.
3. Refill foot-spa with lukewarm water just above the jets.
4. Add a disinfectant approved by the spa manufacturer to the water in the foot-spa. If using 5% household chlorine bleach, add 3 tablespoons of bleach for each gallon of water in the foot-spa.
5. Activate jets and flush for a minimum of 10 minutes.
6. Drain the foot-spa and wipe dry.

B. At the end of each day:

1. Using a screwdriver, remove the screen from the foot-spa basin. Remove the drain plug. Clean the screen and drain plug with detergent and a brush.
2. Soak the screen and drain plug for 10 minutes in a solution of 1 teaspoons of 5% household bleach for each cup of lukewarm water.
3. Replace screen and drain plug.
4. Refill foot-spa with water just above the jets. Add 2 or 3 tablespoons of low sudsing detergent, turn on the jets, flush for 5 minutes, drain and fill again with clean water to rinse out the detergent. Drain.
5. Refill foot-spa with lukewarm water just above the jets.
6. Add a disinfectant approved by the spa manufacturer to the water in the foot-spa. If using 5% household chlorine bleach, add 6 tablespoons (1/4 cup) of bleach for each gallon of water in the foot-spa.
7. Activate jets and flush for 10 minutes.
8. Drain the foot-spa and wipe dry.

Do not use oil-based products in the foot-spa or on the client's feet or legs before they use the foot-spa. Oil will build up in the recirculation lines and give bacteria a breeding ground.

Never mix chlorine bleach with ammonia products. The combination produces toxic chlorine gas.

CONTACT YOUR LOCAL PUBLIC HEALTH DEPARTMENT FOR MORE INFORMATION.