

Get Your FREE Flu Shot at one of our 2011 Community Flu Clinics in Leeds, Grenville & Lanark

Almonte

Oct. 24

Almonte Civitan Club
500 Almonte Street
1:00 p.m. - 7:30 p.m.

Athens

Nov. 8

Athens District High School
21 Church St.
4:00 p.m. - 7:30 p.m.

Brockville

Oct. 26

Brockville Memorial Centre
1 Magedoma Dr.
1:30 p.m. - 7:30 p.m.

Nov. 28

1:30 p.m. - 7:30 p.m.

Cardinal

Nov. 14

Cardinal Lions Club
Walter St.
1:00 p.m. - 3:00 p.m.

Carleton Place

Nov. 24

Carambeck Public School
351 Bridge St.
1:00 p.m. - 7:30 p.m.

Elgin

Nov. 15

Elgin Lions Club
19 Pineview Dr.
4:00 p.m. - 7:30 p.m.

Gananoque

Nov. 1

Gananoque Kinsmen Club
400 Stone St. N.
4:30 p.m. - 7:30 p.m.

Kemptville

Nov. 2

St. Michael
Catholic High School
2755 Hwy #43
2:30 p.m. - 7:30 p.m.

Dec. 1

4:00 p.m. - 7:30 p.m.

Lanark

Nov. 22

Lanark & District Civitan Club
2144 Pine Grove Rd.
3:00 p.m. - 6:00 p.m.

Merrickville

Nov. 9

Merrickville
Community Centre
106 Read Street
4:00 p.m. - 7:30 p.m.

Pakenham

Nov. 17

Pakenham Public School
109 Jeanie St. Hwy #29
3:30 p.m. - 5:30 p.m.

Perth

Nov. 3

Perth Civitan Club
R.R. # 5, County Road 43
2:30 p.m. - 7:30 p.m.

Prescott

Nov. 7

South Grenville District
High School
1000 Edward St. N.
2:00 p.m. - 7:30 p.m.

Smiths Falls

Oct. 27

Bethel Pentecostal Church
301 Highway 29
1:30 p.m. - 7:30 p.m.

Nov. 29

2:30 p.m. - 7:30 p.m.

Spencerville

Nov. 14

Centennial '67 Public School
7 Henderson St.
4:30 p.m. - 7:30 p.m.

Prevent The Spread of Influenza:

- Get a flu shot
- Wash your hands
- Use hand sanitizer
- Cover your cough
- Stay home if sick
 - keep your distance from others
- Keep frequently touched hard surfaces clean



For More Information, Call the Health ACTION Line
at 1-800-660-5853 or 613-345-5685
or visit www.healthunit.org