

Community Food Programs

SMITHS FALLS - January, February, March 2012



PLEASE CALL TO CONFIRM TIMES AND DATES

Drop into any program free of charge

AGENCY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Smiths Falls & District Club for Youth			3pm to 6pm Youth Only	3pm to 6pm Youth Only	3pm to 6pm Youth Only	3pm to 6pm Youth Only	

Smiths Falls & District Club for Youth 41 Main St. West - (613) 284-1784 No Charge for Youth ages 11-18

AGENCY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lions Club Smiths Falls				Every Wednesday 11:30 to 1:30			

Lions Club of Smiths Falls Community Lunch Program - 19 Abbott St. South (613) 283-1490

AGENCY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
St. John's Anglican Church	Sunday January 15 th Doors Open 3:45 Dinner 4:00 pm			Sunday February 19 th Doors Open 3:45 Dinner 4:00 pm			Sunday March 18 th Doors Open 3:45 Dinner 4:00 pm

St. John's Anglican Church - 2 George St.

AGENCY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Smiths Falls Community Food Bank			1:00 to 3:00 pm	1:00 to 3:00 pm		1:00 to 3:00 pm	

Smiths Falls Community Food Bank - 93 Russell St. E. (Tay Rideau) (613) 283-6695

AGENCY	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Salvation Army Smiths Falls		Community Lunch 11:30 to 1:00 pm Emergency Food Cupboard by Appointment only	Emergency Food Cupboard by Appointment only	Emergency Food Cupboard by Appointment only		Community Lunch 11:30 to 1:00 pm	

Salvation Army - 243 Brockville St.

AGENCY	Sunday Only						
Westminster Presbyterian Church	January 22 nd , 2012		February 26 th , 2012 Host: Smiths Falls Scouting Group			March 25 th , 2012	

Westminster Presbyterian Church - 11 Church St W. (613) 283- 7527

NOTE: ALL INFO MAY NOT HAVE BEEN AVAILABLE AT PRINT TIME

For more information, call 1-800-660-5853 or visit www.healthunit.org/nutrition