



Community Gardens Inventory

Leeds, Grenville and Lanark Counties

January 2011 – January 2012

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Community gardens can be an important contribution to society by providing its people with access to fresh and nutritious food and provide a sense of community through social interaction. It helps people to become more connected to their environment, teaches people how to grow, harvest and most importantly where their food comes from. Community Gardens can assist in the issue of food security which is considered a basic determinant of health. Food security can be achieved when all people at all times have access to sufficient, safe and nutritious food that is personally acceptable and are obtained in ways that make them feel good about themselves.

In addressing the issue of healthy eating, healthy communities and food security in the Tri-Counties, the Leeds, Grenville and Lanark District Health Unit has compiled an inventory of Community Gardens. This inventory is grouped into three categories.

1. Community Gardens (up and running)

The gardens listed take various shapes and forms with different organizations and volunteers involved at different locations throughout the region.

2. Giving Gardens

Garden planted and maintained by generous volunteers for use by the community.

3. Parties interested in starting a community garden – would be very interested in partnering with any group that has an interest in helping.

These groups have expressed interest in getting more community gardens operating. Volunteers are always needed. Anyone who has a keen interest in gardening or in getting involved with the community could contact these organizations.

The Community Gardens Inventory for Leeds, Grenville & Lanark Counties is updated on an annual basis. We are always open to comments and suggestions, and would love to hear of other community gardens in Leeds, Grenville & Lanark Counties.

For more information, please contact:

Leeds, Grenville & Lanark District Health Unit
458 Laurier Blvd.
Brockville, ON K6V 7A3
Phone: (613) 345-5685 and ask for Lynda Earl
Fax: (613) 345-2879
Health Action Line: 1 (800) 660-5853

(1) Community Gardens (up and running)

Agency	Geographical Area Served	Scope of Service and Details
<p>Leeds and Grenville Rehabilitation and Counseling Services 25 Front Avenue, West – Suite 1 Brockville, ON K6V 4J2</p> <p>Contact: Kathy Sturgeon, Program Director 613-342-6214 ext 5327</p>	<p>Primarily Brockville, Leeds and Grenville</p>	<p>Community garden: open to public, available on a first come, first serve basis. Taking names in the spring. Tools and water are available at the site. Assistant on site part-time. 20 plots in total.</p> <p>Location: 1814 County Rd 2 East, Brockville.</p> <p>Note: Information is accurate until March 2011. There may be changes in March due to the hospital closure.</p>
<p>Lanark Highlands Youth Centre Inc 75 George Street/61 Princess Street Lanark, ON K0G 1K0</p> <p>Contact: Ashley Wheeler, Executive Director 613-259-2012 lhyci@bellnet.ca</p>	<p>Lanark Highlands</p>	<p>Youth at the centre operate a community garden.</p> <p>Location: Behind the Lanark Highlands Township building in Lanark Village.</p>
<p>Take Young People Seriously (TYPS) 65 Mill Street Almonte, ON K0A 1A0</p> <p>Contact: Sophie Tamas, Coordinator 613-256-8485 sophie@typsyouthcentre.org OR</p> <p>Julie Willbond, Executive Director julie@typsyouthcentre.org</p>	<p>Almonte and surrounding area</p>	<p>Various members of the community assisted in setting up the community garden. The youth from TYPS are involved.</p> <p>Location: Beside the library, close to the Farmer’s Market. High Street (between Elgin & Church) east side.</p>

Agency	Geographical Area Served	Scope of Service and Details
<p>Lanark County Municipal Building 99 Christie Lake Road, P.O. Box 37, Sunset Boulevard Perth, ON K7H 3E2</p> <p>Contact: Gary Welsh, Clerks Office 613-267-4200 ext. 1503</p>	<p>County of Lanark</p>	<p>Plots available. No charge for plots. May be waiting list. Rototills/maintain rain barrels.</p> <p>Location: Community garden is available on county property (99 Christie Lake Road/ Sunset Blvd). Located behind Lanark County Administrative Building.</p>
<p>Food for All – Prescott 136 Henry Street, West Box 1692, Prescott, ON K0E 1T0</p> <p>Contact: Bonnie Gommert, Executive Director 613-925-2444 foodforall@bellnet.ca</p>	<p>Prescott</p>	<p>Food bank is operating a garden. Currently have two plots completed above ground.</p> <p>Location: Located behind the food bank.</p>
<p>Rideau Environmental Action League / Smiths Falls CHC REAL Deal Store and Environment Centre, 85 William Street West Box 1061, Smiths Falls, ON K7A 5A5</p> <p>Main contact: Mona Wynn, Health Promoter at Smiths Falls CHC 613-283-1952 ext. 136 monaw@mdchc.on.ca</p> <p>Alternate contacts: Sue Brandum or Barb Hicks (Environment Centre) 613-283-9500 info@realaction.ca</p>	<p>Smiths Falls and surrounding area</p>	<p>Four plots created and in use by four community groups, would like to add four additional plots in 2011 if there is sufficient interest.</p> <p>Those who have a plot can work at it any time during the garden season.</p> <p>REAL and Smiths Falls Community Health Centre have partnered to create this garden.</p>

Not a community garden, but community involved in growing gardens – flowers and vegetables involved.

<i>Agency</i>	<i>Geographical Area Served</i>	<i>Scope of Service and Details</i>
<p>Mallorytown Communities in Bloom Mallory Coach House 1523 County Road #2 Mallorytown, ON K0E 1R0</p> <p>Contact: Nancy Warner, Secretary 613-923-2054 physionan@gmail.com OR</p> <p>Joanna Flikweert, Communities in Bloom Leader 613-923-2176 joannef@ripnet.com</p>	<p>Mallorytown area</p>	<p>Gardens are available to the public for viewing. Vegetable garden maintained, along with the other gardens by the Communities in Bloom.</p> <p>Vegetables are harvested, made into relishes and sold to the public as a fundraiser.</p> <p>Location: Vegetable garden behind the Mallory Coach House.</p>

(2) Giving Gardens

Agency	Geographical Area Served	Scope of Service and Details
<p>House of Lazarus 2245 Simms Street P.O. Box 125 Mountain, ON K0E 1S0</p> <p>Contact: Pauline Pratt, Executive Director 613-989-3830 house.lazarus01@gmail.com www.houseoflazarus.org</p>	<p>Grenville, North and South Dundas Counties</p>	<p>Giving Garden – volunteers till and grow food. Extra harvest from other gardens also contributed. Kitchen garden – producing foods such as potatoes, carrots, cabbage, corn, beans, etc. Seeds donated. Plan to hold workshops regarding gardening and container gardening at this site. Opportunity for more gardens at this site if enough volunteers interested.</p>
<p>North Grenville Giving Garden Beside 2895 County Road 43 Kemptville, ON K0G 1J0</p> <p>Contact: Joanne Tipler, Program Director 613-258-7970 joannetipler@hotmail.com</p>	<p>Grenville County and surrounding area</p>	<p>The Giving Garden is not a community garden in the sense that others are – where people sign up for a plot in which to garden. It is a garden planted and maintained by generous volunteers for the use of the community.</p> <p>www.givinggarden.ca “Everything that grows is a gift. When the gift is ready it should be given...” Everyone is invited to the Giving Garden to garden, harvest a gift to pass on when they are ready; to relax, or enjoy a picnic..”</p>

(3) Parties interested in starting a community garden – would be very interested in partnering with any group that has an interest in helping.

<i>Agency</i>	<i>Geographical Area Served</i>	<i>Scope of Service and Details</i>
<p>Salvation Army – Brockville Brockville Community Church 175 First Avenue P.O. Box 751 Brockville, ON K6V 5W1</p> <p>Contact: Capt. Randy Gatza 613-342-5211 sabrockvillecfs@ripnet.com</p>	Brockville	<p>Food Bank. Still interested in developing a community garden. Waiting for a formal presentation from a group interested in using the property. Hoping to hear something by the spring.</p>
<p>Brockville Climate Action Group</p> <p>Contact: Hugh Campbell 613-345-2712</p> <p>www.bcag.mybrockville.com</p>	Brockville	<p>Environmental Group. Participates in the Food Matters Coalition.</p>
<p>Operational Harvest Sharing 58 Buell Street Brockville, ON K6V 5V7</p> <p>Contact: Ruth McFarlane 613-342-4556 rmcfar@ripnet.com</p>	Brockville	<p>Food Bank. Has been trying to get a garden organized since last spring. It has not come together yet.</p>