



# Community Gardens Inventory

*Leeds, Grenville and Lanark Counties*

May 2015 – May 2016

## ***Community Gardens Inventory***

Community gardens can be an important contribution to society by providing its people with access to fresh and nutritious food and provide a sense of community through social interaction. Community gardens help people become more connected to their environment, it teaches them how to grow and harvest food, and it teaches people where their food comes from. Community gardens can also assist in the issue of food security. Food security can be achieved when all people at all times have access to sufficient, safe and nutritious food that is personally acceptable and is obtained in a dignified manner.

In addressing the issue of healthy eating, healthy communities and food security in the Tri-Counties, the Leeds, Grenville and Lanark District Health Unit has compiled an inventory of Community Gardens. This inventory is grouped into two categories.

### **1. Community Gardens**

The gardens listed take various shapes and forms with different organizations and volunteers involved at different locations throughout the region.

### **2. Giving Gardens**

Gardens planted and maintained by generous volunteers for use by the community.

The Community Gardens Inventory for Leeds, Grenville & Lanark Counties is updated on an annual basis. We are always open to comments and suggestions, and would love to hear of other community gardens in Leeds, Grenville & Lanark Counties. For more information, please contact:

Leeds, Grenville & Lanark District Health Unit  
458 Laurier Blvd.  
Brockville, ON K6V 7A3  
Phone: (613) 345-5685 ext 2215 (Lynda Earl)  
Fax: (613) 345-2879  
Health Action Line: 1 (800) 660-5853

## Leeds and Grenville Counties

### 1. Community Gardens

Garden	Location/Geographical Area Served	Summary
<p><b>Butler Creek Community Garden</b>                      Brockville Community Garden Network                      Contact:                      Hugh Campbell                      613-345-2712  <a href="mailto:garden@volunteercentre.ca">garden@volunteercentre.ca</a></p>	<p>Gord Watts Municipal Centre                      251 North Augusta Road, Brockville</p> <p><b>Geographical Area Served</b>                      Brockville</p>	<ul style="list-style-type: none"> <li>• A small team of volunteers have been formed to plan and manage this site, which will be known as Butler’s Creek Community Garden.</li> <li>• Approximately 20 plots are expected to be available on the 1<sup>st</sup> come, 1<sup>st</sup> served basis.</li> <li>• Volunteers are always welcome.</li> </ul>
<p><b>Rideau Lakes Community of Gardens Project</b></p> <p>Contact:                      Country Roads Community Health Centre                      Kate Earl                      613-272-2799 ext 237  <a href="mailto:kearl@crhc.on.ca">kearl@crhc.on.ca</a></p>	<p>Area Team Leaders                      Delta: Rev Brian Wheaton, 613-928-2963                      Elgin: Susan Janus, 613-359-1159                      Portland: Jane Pickard, 613-272-2524                      Seeley’s Bay: Pat Gray, 613-387-2134                      Westport: Pastor Paul Miller, 613-273-2141                      Gananoque: Dolly Cornish, 613-382-4778                      Athens: Jean Brassington, 613-924-1944</p>	<ul style="list-style-type: none"> <li>• There are community gardens in a number of locations across the region. This year a new garden will be starting in Gananoque.</li> <li>• This season they will be hosting monthly workshops open to anyone in the community on various garden topics throughout the spring, summer and fall.</li> <li>• Anyone interested in volunteering in their community, supporting local food banks, or taking home free veggies should contact the team leader in their area for details.</li> </ul>
<p><b>A Community in Bloom</b></p> <p>Contact:                      Nancy Warner                      613-923-2054  <a href="mailto:physionan@gmail.com">physionan@gmail.com</a>                      or                      Joanna Flikweert  <a href="mailto:joannef@ripnet.com">joannef@ripnet.com</a></p>	<p>1514 County Road 2, Mallorytown                      (Vegetable garden behind the Mallory Coach House)</p> <p><b>Geographical Area Served:</b>                      Mallorytown area</p>	<ul style="list-style-type: none"> <li>• A community in Bloom has gardens all over the township of Mallorytown. They have a number of flower gardens for public viewing and there is one vegetable garden located behind the Mallory Coach House..</li> <li>• The other flower gardens are maintained by volunteers in the community who like to garden. New volunteers are always welcomed!</li> </ul>

Garden	Location/Geographical Area Served	Summary
<p><b>The Giving Garden</b></p> <p>Contact: House of Lazarus Pauline Pratt 613-989-3830 <a href="mailto:House.lazarus01@gmail.com">House.lazarus01@gmail.com</a> <a href="http://www.houseoflazarus.org">www.houseoflazarus.org</a></p>	<p>2245 Simms Street, Mountain</p> <p><b>Geographical Area Served:</b> Grenville, North and South Dundas Counties</p>	<ul style="list-style-type: none"> <li>• This garden is a 50 by 25 foot plot that grows a variety of vegetables including carrot, onions, tomatoes, pumpkins and cucumbers.</li> <li>• All of the vegetables grown in the garden are donated to the community food bank.</li> <li>• This garden is also a partner in “The Garlic Project” which sells the garlic grown in the garden to the community. They split the proceeds with the food security group.</li> <li>• This year they are hoping to install 2 or 3 raised beds.</li> </ul>
<p><b>Cardinal Community Garden</b></p> <p>Contact: Karie Smail, Community Garden President 613-657-1635</p>	<p>618 Highway #2 (behind the Cardinal Library)</p> <p><b>Geographical Area Served:</b> Cardinal</p>	<ul style="list-style-type: none"> <li>• Serves the village of Cardinal residents</li> <li>• Helps to support the Food Bank.</li> <li>• Community can access the garden at any time.</li> <li>• Other beds are allocated to the food bank and all produce grown in them is donated to them.</li> </ul>
<p><b>Athens Community Garden</b></p> <p>Athens Garden Club <a href="http://athensgardenclub.com">http://athensgardenclub.com</a></p>	<p>Elgin Street North, Athens (land adjacent to the Works Garage)</p> <p><b>Geographical Area Served:</b> Athens Food Bank clients</p>	<ul style="list-style-type: none"> <li>• In partnership with Athens District High School, the Municipality of Athens, Athens Food Bank and volunteers from the community.</li> <li>• Provide free, fresh local produce, primarily for the clients of Athens Food Bank.</li> </ul>

## Lanark County

Garden	Location/Geographical Area Served	Summary
<p><b>The Table Community Food Centre Community Garden</b></p> <p>Coral Sproule 613-267-6428 ext 28</p> <p><a href="mailto:coral@thetablecfc.org">coral@thetablecfc.org</a></p>	<p>190 Gore Street, East, Perth Last Duel Park</p> <p><b>Geographical Area Served:</b> Town of Perth, Greater Perth, Lanark County</p>	<ul style="list-style-type: none"> <li>• Participants of the garden grow over 40 types of vegetables and herbs organically and in community. They garden together, harvest together and share the produce.</li> <li>• About 60% of the food they harvested last year was taken home by garden members and 40% was used in our Good Food Bank, Community Meals, and Community Kitchen programs</li> </ul>
<p><b>YAK Youth Garden</b></p> <p>Contact: YAK Youth Centre Tanis Cowan 613-264-8381</p>	<p>1 Sherbrooke Street, East, Perth (The old Perth Shoe Factory)</p> <p><b>Geographical Area Served:</b> Perth and surrounding townships</p>	<ul style="list-style-type: none"> <li>• This garden has 5 raised beds that grow herbs and “salad” vegetables. Will be planning to extend the garden to have some shared public beds.</li> <li>• The garden is looked after by the youth at the centre and used to provide meals, as well as, teach the about proper food &amp; storage preparation.</li> <li>• Volunteers are welcome to help tend the garden, work with the youth, help with the workshops and more.</li> </ul>
<p><b>Stewart School Community Garden</b></p> <p>Contact: Cheryl Nash 613-268-2907</p>	<p>80 Wilson Street, Perth (behind Stewart School)</p> <p><b>Geographical Area Served:</b> School Community</p>	<ul style="list-style-type: none"> <li>• This community garden consists of 3 raised beds, and is maintained by the teachers, parents, and students, as well as community organizations in the area.</li> <li>• In the future, the school hopes to use this garden as a teaching garden for the students at the school</li> </ul>

Garden	Location/Geographical Area Served	Summary
<p><b>TYPS Community Garden</b></p> <p>Contact: Take Young People Seriously (TYPS) Julie Willbond 613-256-8485</p>	<p>65 Mill Street, Almonte (beside Almonte Library, near the Farmer's Market)</p> <p><b>Geographical Area Served:</b> Almonte and surrounding area</p>	<ul style="list-style-type: none"> <li>• This community garden is divided into 3 sections and has separate herb garden.</li> <li>• Volunteers and the youth at TYPS help tend the garden. They grow a variety of fruits and vegetables, including tomatoes, peppers, carrots and berries. These foods are used in the cooking sessions hosted by the centre and are also available for the volunteers.</li> </ul>
<p><b>Lanark Highlands Youth Centre Community Garden</b></p> <p>Contact: Lanark Highlands Youth Centre Warren McMeekin 613-259-2012</p>	<p>75 George Street, Lanark Village (Behind the Lanark Highlands Township building in Lanark Village)</p> <p><b>Geographical Area Served:</b> Lanark Highlands</p>	<ul style="list-style-type: none"> <li>• Growing a variety of vegetables and fruits, such as, tomatoes, beans, squash and carrots.</li> <li>• Foods grown in the garden are used for the cooking program hosted at the youth centre and are sold at a stand in town to raise money for the centre.</li> <li>• For more information, visit their website at <a href="http://www.lhyci.yolasite.com">www.lhyci.yolasite.com</a></li> </ul>
<p><b>REAL Community Garden</b></p> <p>Contact: Rideau Environmental Action League &amp; Partners Email: <a href="mailto:info@REALaction.ca">info@REALaction.ca</a> 613-283-9966</p>	<p>85 William Street, West, Smiths Falls (site of the REAL Deal Reuse Store)</p> <p><b>Geographical Area Served:</b> Smiths Falls and surrounding area</p>	<ul style="list-style-type: none"> <li>• Have plots for 11 individuals, families or community group. Each gardener is responsible for planting, maintaining and harvesting their own plot.</li> <li>• The Stone Soup Sharing Plot was added in 2012 and three plots were added in 2014. Visitors to the garden can sample what they find in the plot (but that plot only). Snack on cherry tomato, dill, or radish. This plot is for the community.</li> </ul>

Garden	Location/Geographical Area Served	Summary
<p><b>Victoria School Museum Community Garden</b></p> <p>Contact: Community Garden Community Gwen Wiebe 613-253-2597 <a href="mailto:Realdelish@gmail.com">Realdelish@gmail.com</a></p>	<p>267 Edmund Street, Carleton Place</p> <p><b>Geographical Area Served:</b> Carleton Place and area</p>	<ul style="list-style-type: none"> <li>• This garden has about 5 raised beds that are free and are open to anyone on a 1<sup>st</sup> come, 1<sup>st</sup> served basis.</li> <li>• Anything grown in the gardens is for the personal use of each gardener.</li> <li>• If you are interested in support local foods or gaining some gardening knowledge, contact Gwen for more information.</li> </ul>
<p><b>St. Gregory's Next Door Community Garden</b></p> <p>Contact: Community Garden Community Gwen Wiebe 613-253-2597 <a href="mailto:Realdelish@gmail.com">Realdelish@gmail.com</a></p>	<p>176 Townline Road, Carleton Place (west side of parking lot)</p> <p><b>Geographical Area Served:</b> Carleton Place and area</p>	<ul style="list-style-type: none"> <li>• This garden has about 21 raised beds that are free and are open to anyone on a 1<sup>st</sup> come, 1<sup>st</sup> served basis.</li> <li>• Anything grown in the gardens is for the personal use of each gardener.</li> <li>• If you are interested in support local foods or gaining some gardening knowledge, contact Gwen for more information.</li> </ul>
<p><b>Neighbourhood Tomato Community Garden Project</b></p> <p>Contact: Mills Community Support Jeff Mills 613-256-1031 <a href="http://www.themills.on.ca">www.themills.on.ca</a></p>	<p>The Neighbourhood Tomato has a number of gardens all over the Almonte area.</p> <p><b>Geographical Area Served:</b> Almonte area</p>	<ul style="list-style-type: none"> <li>• The Neighbourhood Tomato has a number of community gardens around the Almonte area including Mills Community Support Office, Edward Street Group home and Parkside Group Home.</li> <li>• Each location has 1 to 3 raised beds. The majority of the vegetables grown in each garden are used by the company. Some may be used for community events or donated to the food bank. The gardens are tended by staff members of the company as volunteers.</li> <li>• Augusta Street Park will have 6 beds open for public use.</li> </ul>

## 2 Giving Gardens

Garden	Location/Geographical Area Served	Summary
<p><b>North Grenville Giving Garden</b></p> <p>Contact: Michelle McEvoy <a href="mailto:Michelle.mcevoy@ocdsb.ca">Michelle.mcevoy@ocdsb.ca</a></p> <p><a href="http://www.givinggarden.ca">www.givinggarden.ca</a></p>	<p>2895 County Road #43, Kemptville</p> <p><b>Geographical Area Served:</b> North Grenville area</p>	<ul style="list-style-type: none"><li>• The Giving Garden is a garden planted and maintained by generous volunteers in the community on land donated by the municipality.</li><li>• Everyone is invited to help tend the garden, planting, weeding during the season and harvesting a gift to pass on when the produce is ready. All are welcome to enjoy the flowers, help out when they can, or share a picnic in the peace filled environment.</li></ul>

Updated: July 2015