



Community Gardens Inventory

Leeds, Grenville and Lanark Counties

January 2010 – January 2011

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Community gardens can be an important contribution to society by providing its people with access to fresh and nutritious food and provide a sense of community through social interaction. It helps people to become more connected to their environment, teaches people how to grow, harvest and most importantly where their food comes from. Community Gardens can assist in the issue of food security which is considered a basic determinant of health. Food security can be achieved when all people at all times have access to sufficient, safe and nutritious food that is personally acceptable and are obtained in ways that make them feel good about themselves.

In addressing the issue of healthy eating, healthy communities and food security in the Tri-Counties, the Leeds, Grenville and Lanark District Health Unit has compiled an inventory of Community Gardens. This inventory is grouped into three categories.

1. Community Gardens (up and running)

The gardens listed take various shapes and forms with different organizations and volunteers involved at different locations throughout the region.

2. Community Gardens (in the process of getting organized)

This list includes gardens that are expected to be operating in the near future.

3. Parties interested in starting a community garden – would be very interested in partnering with any group that has an interest in helping.

These groups have expressed interest in getting more community gardens operating. Volunteers are always needed. Anyone who has a keen interest in gardening or in getting involved with the community could contact these organizations.

The Community Gardens Inventory for Leeds, Grenville & Lanark Counties is updated on an annual basis. We are always open to comments and suggestions, and would love to hear of other community gardens in Leeds, Grenville & Lanark Counties.

For more information, please contact:

Leeds, Grenville & Lanark District Health Unit
458 Laurier Blvd.
Brockville, ON K6V 7A3
Phone: (613) 345-5685 and ask for Lynda Earl
Fax: (613) 345-2879
Health Action Line: 1 (800) 660-5853

(1) Community Gardens (up and running)

Agency	Geographical Area Served	Scope of Service and Details
<p>Leeds and Grenville Rehabilitation and Counseling Services 25 Front Avenue, West – Suite 1 Brockville, ON</p> <p>Contact: Kathy Sturgeon 613-342-6214 ext 5327 Contact: Brent Larock 613-34206214 ext 5317</p>	Primarily Brockville, Leeds and Grenville	<p>Community garden: open to public, available on a first come, first serve basis Taking names in the spring. Tools and water are available at the site. Assistant on site part-time. 20 plots in total.</p> <p>Location: 1814 County Rd 2 East, Brockville</p>
<p>House of Lazarus 2245 Simms Street P.O. Box 125 Mountain, ON K0E 1S0</p> <p>Contact: Pauline Pratt Phone: 613-989-3830 www.houseoflazarus.org</p>	Grenville, North and South Dundas Counties	<p>Giving Garden – volunteers till and grow food Extra harvest from other gardens also contributed. Kitchen garden – producing foods such as potatoes, carrots, cabbage, corn, beans, etc. Seeds donated. Plan to hold workshops regarding gardening and container gardening at this site. Opportunity for more gardens at this site if enough volunteers interested.</p> <p>Location: 2245 Simms Street, Mountain, ON</p>
<p>Lanark Highlands Youth Centre Inc 75 George Street/61 Princess Street Lanark, ON K0G 1K0</p> <p>Contact: Steve McIntosh, Supervisor Phone: 613-259-2012 lhyci@bellnet.ca</p>	Lanark Highlands	<p>Youth at the centre operate a community garden.</p> <p>Location: Behind the Lanark Highlands Township building in Lanark Village.</p>
<p>Take Young People Seriously (TYPS) P.O. Box 1387 Almonte, ON K0A 1A0 Coordinator: Sophie Tamas Sophie@typsyouthcentre.org</p> <p>Program Director: Julie Wilbond julie@typsyouthcentre.org Phone: 613-256-8485</p>	Almonte and surrounding area	<p>Various members of the community assisted in setting up the community garden. The youth from TYPS are involved.</p> <p>Location: Behind the library, close to the Farmer's Market. High Street (between Elgin & Church) east side</p>

Agency	Geographical Area Served	Scope of Service and Details
Lanark County Municipal Building 99 Christie Lake Road, P.O. Box 37, Sunset Boulevard K7H 3E2 Perth Contact: Gary Welsh, Clerks Office 613-267-4200 ext. 1503	County of Lanark	Plots available. No charge for plots May be waiting list. Howard's Home Care: 613-812-4586 Rototills/maintain rain barrels Location: Community garden is available on county property (99 Christie Lake Road/ Sunset Blvd).

Not a community garden, but community involved in growing gardens – flowers and vegetables involved.

Agency	Geographical Area Served	Scope of Service and Details
Mallorytown Communities in Bloom Nancy Walker, Secretary Phone: 613-342-2054 physionan@gmail.com	Mallorytown	Not a community garden. Gardens are available to the public for viewing. Vegetable garden maintained, along with the other gardens by the Communities in Bloom. Vegetables are harvested, made into relishes and sold to the public as a fundraiser. Location: Vegetable garden behind the Mallory Coach House, 1523 County Road #2, Mallorytown

(2) Community Gardens (in the process of getting organized)

Agency	Geographical Area Served	Scope of Service and Details
<p>Food for All – Prescott 136 Henry Street, West Box 1692, Prescott, ON K0E 1T0 Contact: Bonnie Gommert Phone : 613-925-2444 foodforall@bellnet.ca</p>	<p>Prescott</p>	<p>8 plots planned. Expected start date: March 2010 Portable plots</p> <p>Location: TBA</p>
<p>Smiths Falls CHC 2 Gould Street Smiths Fall, ON K7A 2S5</p> <p>Contact: Serreh Koeslag Phone: 613-283-1952 ext. 136 Fax: 613-283-6322</p> <p>Rideau Environmental Action League Box 1061, Smiths Falls, ON K7A 5A5</p> <p>Phone: 613-283-9500 (Environment Centre) Fax: 613-283-9500 Email: info@realaction.ca</p>	<p>Smiths Falls and surround area</p>	<p>Preliminary stage of development.</p> <p>Involved with EcoPerth and Rideau Environmental Action League (REAL).</p> <p>2 locations, 2 gardens – 10 beds Expected start: Spring 2010</p> <p>Location: TBA</p>

(3) Parties interested in starting a community garden – would be very interested in partnering with any group that has an interest in helping.

<i>Agency</i>	<i>Geographical Area Served</i>	<i>Scope of Service and Details</i>
<p>Salvation Army – Brockville Brockville Community Church 175 First Avenue P.O. Box 751 Brockville, ON K6V 5W1</p> <p>Contact: Capt Randy Gatza Phone: 613-342-5211 sabrockvillecfs@ripnet.com</p>	<p>Brockville</p>	<p>Food Bank</p>
<p>Brockville Climate Action Group Hugh Campbell: 613-345-2712</p> <p>www.bcag.mybrockville.com</p>	<p>Brockville</p>	<p>Environmental Group</p>
<p>Operational Harvest Sharing 58 Buell Street Brockville, ON K6V 5V7</p> <p>Contact: Jennifer Jackson Fevens Phone: 613-342-0605 Fax: 613-342-1713</p>	<p>Brockville</p>	<p>Food Bank</p>