

Collective Kitchens, Cooking Classes and Other Programs

Leeds, Grenville & Lanark

Collective Kitchens & Cooking Classes

- **Carleton Place & District Youth Centre**
Carleton Place, ON
613-257-8901
www.cpyouthcentre.org
- **Country Roads Community Health Centre (CRCHC)**
Portland, ON
613-272-3302 ext 237 or 1-888-998-9927
www.crhc.on.ca
- **Kemptville Youth Centre**
Kemptville, ON
www.kemptvilleyc.com
director@kemptvilleyc.com
613-258-5212
- **Lanark Highlands Youth Centre**
Lanark, ON
613-259-2012
lhyci@storm.ca
- **North Lanark Community Health Centre (NLCHC)**
Lanark, ON
Dietitian 613-259-2182
www.northlanarkchc.on.ca
- **Real Canadian Superstore**
Brockville, ON
www.realcanadiansuperstore.ca
613-498-0994
- **Rideau Community Health Services - Merrickville**
Merrickville, ON
613-269-3400
www.rvds.ca
- **Rideau Community Health Services - Brockville**
Rideau Valley Diabetes Services
Brockville, ON
info@rideauchs.ca
- **R.O.L.L. Aid Centre**
Food, Fun & Friends Community Kitchen
Lansdowne, ON
613-382-0165
marianhmcleod@gmail.com
- **Smiths Falls & District Club for Youth**
Smiths Falls, ON
613-284-1784
www.sfdcy.ca
- **Smiths Falls Community Health Centre**
Smiths Falls, ON
613-283-1952
www.rvds.ca

For more information, call the Health ACTION Line
at 1-800-660-5853 or visit www.healthunit.org



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- **Youth Action Kommittee of Perth and District**
Perth, ON
613-264-8381
www.yakyouth.ca
- **The Table Community Food Centre**
Perth, ON
613-267-6428
www.thetablecfc.org
- **YMCA Brockville**
Brockville, ON
613-342-7961
ymca@brockvilley.com

Other Programs

- **Connections Program for Families**
www.connectionsprogram.ca
1-888-284-2204

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