



Health Unit Services in the Almonte Area

The following is a list of our services & the location where the services are available.
 For any other questions or services, contact:

SMITHS FALLS OFFICE 613-283-2740
or check our website www.healthunit.org

(This is a local call from Almonte and Carleton Place - Residents for whom long distance charges apply can call our toll free number at 1-800-660-5853.)

SERVICES, TIMES & DETAILS

LOCATION

Sexual Health Clinics: Tuesdays 10:30am – 4:00pm - Drop in or by appointment - call 613-283-2740	79 Spring Street, Unit 3, Almonte
Immunization Clinics: Tuesdays 9:00am – 10:00am by appointment ONLY - call 613-283-2740	79 Spring Street, Unit 3, Almonte
Baby Talk: Wednesdays 10:00am - 11:30am Thursdays 10:00am - 11:30am NOTE: For summer hours call 613-283-2740	St. James Anglican Church Hall, 255 Edmund St. Carleton Place 79 Spring Street, Unit 3, Almonte
Good Food For A Healthy Baby: Thursdays from 2:00pm - 4:00pm	Connections Office Unit 2, 30 Bennett St., Carleton Place
Healthy Babies Healthy Children	Staff provide post partum and home visiting services in the community and are based in Smiths Falls Office.
Prenatal Classes: Register by calling 613-283-2740	79 Spring Street, Unit 3, Almonte
Water Testing: Water bottles can be picked up Monday through Friday from 8:30am - 4:30pm Samples may be returned from Monday to Thursday ONLY.	Mississippi Mills Township Office, 3131 Old Perth Rd, Almonte (downstairs at reception) Health Unit offices in Smiths Falls, Kemptville, Gananoque and Brockville are also depots for water testing.
Sewage Applications: The Health Inspector for the Almonte area is located out of the Smiths Falls office and will arrange for appointments.	Pick up or drop off at Smiths Falls Office, 94 Beckwith St. N. Applications can be downloaded at www.healthunit.org/landcontrol and dropped off in Smiths Falls.
Health Promotion and Health Protection Programs and Services	Staff will be available to the community by meeting with clients and partners in Almonte and dropping off resources. Call the Smiths Falls office to make arrangements.
School Activities	Staff deliver programs in schools and are available to the community. Call Smiths Falls office to make arrangements.

Service locations may change: Please call our Smiths Falls Office or check our website at www.healthunit.org
If you have ideas about delivery of Health Unit community services,
email newideas@healthunit.org