



WINTER OUTDOOR GAMES

These games can be used for all children ages 5-95

Capture the Flag

1. Divide group into two teams.
2. Divide playing field in half with a line to show the halfway line.
3. Each team has a flag (if there is snow you can each build a snowman that can hold onto the flag....a scarf, baseball hat, or an umbrella).
4. Members of each team try and cross the half line in order to get the other team's flag, without getting tagged by the other team.
5. If tagged they must go to a temporary jail at the half way line until a team mate sets them free by touching them.
6. The game is over when a team successfully takes the other team's flag over the half way line.

Chain Tag

1. This game can be played with one or two running chains of people.
2. The more players the merrier, and grown-ups might just enjoy this one, too.
3. Players choose a captain for each chain. When a captain touches somebody, that person has to join hands with him and from then onwards, they run together.
4. Each tagged player joins the chasers at the end of the line and the captain leads the chain toward those not yet caught.
5. When the chain breaks, the players must join up again before any new captives can be added.
6. The whole chain may encircle a player, but only the captain can tag. If two teams are playing, the longest chain is the winner. If there are only enough people to make one chain, the last player caught, wins.

Basket 'n' Bin

Objective: To throw the ball into the garbage can and score.
Skills: Targeting
Age: anyone!
Space/location: Outdoors/Indoors
Duration: 20 minutes
Equipment: Basketball, 2 garbage bins

1. Divide participants into even teams.
2. You are only allowed to take 3 steps with the ball and must pass the ball to another participant.
3. No dribbling.
4. You must be at determined distance from the garbage can when you take your shot to score.
5. If playing indoors, use sponge balls.

Fox & Geese

1. Can be played in the winter in fresh snow or using lines when there is no snow.
2. One player is the Fox, others are Geese.
3. The Fox tries to catch the Geese and the first one he catches becomes the Fox.
4. All players must keep on the lines.
5. Goose who steps off the path becomes the Fox.
6. If the Fox steps outside the path, he must catch two Geese to get out of being the Fox.

Snow Baseball

Play baseball with a plastic bat and coloured ball. It is especially fun in the snow.

Snow Soccer

Play Soccer in the snow. Use a soft ball, a big beach ball or one that has a little less air in it.

Freeze Tag

1. Pick one person as the "freezer" and a couple of people as the "melters". Be sure there are enough melters so that the players will be moving most of the time.
2. Identify the freezers and melters with different colour scarves around their waists
3. When a freezer touches a player, they must freeze in place.
4. Melters cannot be frozen, but rather work to thaw the snowmen as quickly as possible by touching them.

Snow Search-Treasure Hunt

1. Find a large area of fresh snow and toss 20 items (ex. balls) randomly into the snow.
2. Try to find as many of the items as possible in a set period of time.
3. Game could be played with 2 groups.

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