

MEDIA RELEASE

The Tri-County Family Night to host a presentation on 'Building Self-Esteem'

(Oct 2006) The Tri-County Family Night presents an evening outing for the whole family that combines both education and entertainment. Participants will gather together for a family dinner and then a special presentation for parents, along with entertainment for the children. The featured topic for parents will be "Building Self Esteem: Walking the Developmental Path". Self-esteem is a life long journey that begins at birth and develops through the years. Amelia Kiteley & Rob Burns from Open Doors for Children & Youth will conduct the presentation in Carleton Place; Amber McCart from Child & Youth Wellness Centre of Leeds & Grenville will be the presenter in Brockville. Strategies to help promote children's self esteem will be highlighted.

The children's entertainment will be Issie. Issie, formerly of Newfoundland and now a resident of Lanark County, blends storytelling with music, and adds a touch of 'Newfie Seasoning'. Everyone will be singing, dancing and laughing.

Registration is limited. A five-dollar donation will be accepted at the door. Limited transportation is available upon request.

For families in **Leeds & Grenville** the event will be held Wednesday October 25th, 2006. Supper starts at 5:30 p.m. with the parent's workshop and children's entertainment running from 6:00 to 7:15 p.m. The location is the Commonwealth Public School (166 Pearl Street East) in Brockville. To register contact The Ontario Early Years Centre Leeds & Grenville: 613-341-9044 (or 1-866-433-8933).

For families in **Lanark County** the event will be held Thursday October 26th, 2006. Supper starts at 5:30 p.m. with the parent's workshop and children's entertainment running from 6:00 to 7:15 p.m. The location is Notre Dame High School (157 McKenzie Street) in Carleton Place. To register contact The Ontario Early Years Centre Lanark: 613-283-0095 (or 1-800-267-9252).

The Tri-County Family Night planning committee is a group of family-serving agencies working together to provide educational opportunities for parents and caregivers in Leeds, Grenville & Lanark counties.

Contact:

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