

# Health Unit Media Release

For Immediate Release: May 8, 2007



## **No Cases of Mumps Reported in Leeds, Grenville & Lanark**

There has been an outbreak of mumps in three Maritime Provinces – Nova Scotia, New Brunswick and Prince Edward Island. As of April 26, 2007, there have been 178 cases reported since the middle of January 2007.

Most cases have occurred in university-aged students. As the school term ends, many students will be returning home and some will be coming to Ontario. **As of May 2, 2007, there have been five cases of mumps in Ontario linked to Nova Scotia.** These cases have occurred in York Region, Waterloo and Ottawa Health Units.

The Ministry of Health and Long-Term Care is monitoring the outbreak in the Maritimes and the cases in Ontario.

**As of May 7, 2007, there have been no reported cases of mumps in the Leeds, Grenville and Lanark area.** Area family doctors, nurse practitioners and emergency rooms have been sent information about the mumps advisory from the provincial government.

The symptoms of mumps include:

- Painful swelling of one or both salivary glands (located within your cheek, near your jaw line, below your ears)
- Fever
- Headache
- Muscle aches and pains
- Tiredness
- Loss of appetite

**If you are experiencing symptoms, contact your health care provider.** Avoid contact with others until assessed by your health care provider.

**It is estimated that 80 – 95% of people are well protected from mumps with one dose of the Measles, Mumps, Rubella (MMR) vaccine.**

For more information:

- Read about mumps on the Health Unit's website  
[http://www.healthunit.org/infectious/id\\_factsheets/Mumps.pdf](http://www.healthunit.org/infectious/id_factsheets/Mumps.pdf)
- Or call the Health ACTION Line at 1-800-660-5853 or 613-345-5685

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