

# Health Unit Media Release

For immediate release: Sep 23, 2008



## Pap Tests Save Lives!

According to the Canadian Cancer Society and Cancer Care Ontario, cervical cancer is the 10<sup>th</sup> most common form of cancer in Ontario among women, and the second most common in women under the age of 50.

Human Papillomavirus (HPV) is the primary cause of cervical cancer and three of four people who have had sex have been exposed to HPV at some time. **The good news is that cervical cancer can be almost entirely prevented with regular screening.** Women of all ages who are, or have ever been, sexually active should be screened every one to three years.

**Call your doctor or Nurse Practitioner to book your Pap test.**

**No Doctor or Nurse Practitioner? Call the Leeds, Grenville & Lanark District Health Unit at 1-613-283-2740 or the Health Action Line at 1-800-660-5853 to book a Pap test with a female Nurse Practitioner.**

Clinic dates are:

**Monday, October 20 in Smiths Falls and  
Wednesday, October 22 in Brockville.**

These Pap test clinics are being held in partnership with the Merrickville Community Health Centre, Smiths Falls Community Health Centre, North Lanark County Community Health Centre, Country Roads Community Health Centre (Portland), CPHC Family Health Team in Brockville, Canadian Cancer Society – Perth Office, the Regional Cancer Program of Southeastern Ontario.

**Pass the word. Get a Pap test.**

-30-

**Contact:  
Bonnie Schnittker, RN, PHN  
Public Health Nurse  
Leeds, Grenville & Lanark District Health Unit  
613-283-2740**