

# Leeds, Grenville & Lanark District Health Unit Media Release

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## Leeds, Grenville and Lanark District Health Unit has a new location in Almonte

The Leeds, Grenville and Lanark District Health Unit has an expanded service delivery site in Almonte, located on the Almonte General Hospital (AGH) campus.

The Health Unit service delivery site is at 79 Spring Street, which is between the Hospital and Fairview Manor.

The site is open Tuesdays and Thursdays from 9 a.m. until 4 p.m. It is closed over the lunch hour on Thursdays. Its phone number is 613-256-1203.

“The Leeds, Grenville and Lanark District Health Unit has been serving Lanark County for decades, with public health services being delivered in a number of different sites over the years,” said Medical Officer of Health, Paula Stewart.

“We are pleased to have leased space from the Hospital to have an Almonte site open to the public 2 days a week to provide many of our services.”

When the Almonte site is not open, area residents can access public health services in one of the Health Unit’s other six sites in Leeds, Grenville and Lanark.

“We are delighted to have a greater public health presence on the AGH campus,” said Hospital President & CEO Mary Wilson Trider.

“We look forward to opportunities for collaboration among AGH, public health and the Ottawa Valley Family Health Team. This will create better integration across the continuum of care, while providing the community one-stop access to services.”

### Public Health Services, Times & Details:

- **Sexual Health Clinics:** Tuesdays, 10:30 a.m. – 4 p.m. (drop-in and Pap tests by appointment)
- **Immunization Clinics:** Tuesdays, 9 a.m. – 10 a.m. (by appointment only – call 613-256-1203 to book)
- **Vaccine pick-up:** For local physicians and community health centers (Tuesdays)
- **Sewage Applications:** Applications can be dropped off at the Almonte service site office at 79 Spring Street during regular hours Tuesday and Thursday.
- **Baby Talk – Almonte:** Thursdays, 10 a.m. – 11:30 a.m., Almonte Public Library, 155 High Street, Almonte
- **Baby Talk – Carleton Place:** Wednesdays, 1:30 p.m. – 3 p.m. at Carleton Place Daycare, Room 16, 3 Francis Street, Carleton Place
- **Good Food for a Healthy Baby:** Thursdays 1 p.m. – 3 p.m. at Connections Office, 30 Bennett Street, Carleton Place, Unit 2
- **Prenatal Classes:** Ongoing Prenatal Class sessions at Carleton Place Daycare (call 1-800-660-5853 to register)
- **Healthy Babies Healthy Children:** Public health nurses provide post partum and home visiting services throughout the community
- **Health Promotion:** Public health nurses are available to agencies, clients and community partners to provide consultation, training and resources and collaborate on initiatives.
- **Water Testing:** Water bottles can be picked up from Monday to Friday between 8:30 a.m. and 4 p.m. at the Mississippi Mills municipal office, 3131 Old Perth Rd., Almonte. Samples can be dropped off at the same location, from Monday to Thursday only.

For a listing of all public health services, please visit [www.healthunit.org](http://www.healthunit.org) or call 613-256-1203 or 1-800-660-5853. Important public health updates are also available on Facebook at [www.facebook.com/LGLHealthUnit](http://www.facebook.com/LGLHealthUnit).