

Health Unit Media Release

For Immediate Release: July 20, 2013



Health Unit Lifts Heat Alert

The Leeds, Grenville & Lanark District Health Unit has lifted the Heat Alert for the tri-county area effective today. Temperatures will still be warm but it will be less humid. The Health Unit will continue to monitor weather conditions.

For more information on how to protect your health during extreme heat, visit www.healthunit.org or like us on Facebook at www.facebook.com/LGLHealthUnit or call the Health ACTION Line at 1-800-660-5853.

-30-

Contact: Jane Lyster, Director of Community Health Protection, 613-345-5685 or 1-800-660-5853 or
Susan Healey, Communications Co-ordinator 613-802-0550