

**Leeds, Grenville and Lanark
District Health Unit
Media Release**

For Immediate Release: August 20, 2015



Health Unit Lifts Heat Alert

The Leeds, Grenville & Lanark District Health Unit has lifted the Heat Alert for the tri-county area effective tomorrow as the temperatures are becoming seasonal. The Health Unit will continue to monitor weather conditions.

For more information on how to protect your health during extreme heat, visit www.healthunit.org or connect with us on Facebook or Twitter at LGLHealthunit. If you do not have access to the internet, call us on the Health ACTION Line at 1-800-660-5853 or after hours at 613-345-5685.

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