

A trial of labour or a repeat Cesarean section? A mixed methods study examining women's preferences and providers' counsel

Purpose of the Research Study

Dr. Christine Kurtz Landy, PhD in the School of Nursing at York University and Dr. Wendy Sword, PhD in the School of Nursing at McMaster University are leading a team of researchers who are studying the factors pregnant women who have had a previous cesarean section consider when deciding their preferred method of delivery for this pregnancy. In addition the researchers are exploring the factors maternity care providers consider when counselling pregnant women on this important decision. The findings of this study will help inform women, policy makers, maternity care planners, obstetricians, family doctors, midwives and nurse practitioners in the development of strategies to support vaginal births after cesarean section when appropriate and use of cesarean section when medically indicated.

What will happen during the study?

You are invited to participate in a telephone interview that will last approximately 30-60 minutes. During the interview our research assistants will ask you questions about the factors you consider when counselling pregnant women with a previous cesarean section who are eligible for a trial of labour about method of delivery. There are no right or wrong answers. The interview will be audio-recorded to ensure we don't miss any of the valuable information you share with us. You will receive a \$25 gift card to thank you for your participation in the study even if you choose to end your participation in the study early.

Are there any risks to participating in this study?

It is very unlikely that there will be any harm or discomfort associated with your participation in this interview.

Benefits

It is unlikely that there will be any direct benefits to you as a result of your participation in this study.

Confidentiality

All information you supply during the study will be held in confidence. Your name will not appear in any report or publication of the research. The telephone interviews will be audio recorded and transcribed. Your information will be safely stored in a locked cabinet and a secure computer at York University that only members of the research team will have access to. Confidentiality will be provided to the fullest extent possible by law.

If you decide to participate

- Your participation in this study is completely voluntary.
- You can choose to end your participation in the study at any time, and for any reason.
- If you choose to end your participation in the study, there will be no



- consequences to you whatsoever.
- If you choose to end your participation in the study, you will be asked how you would like us to handle any data collected up to that point. This could include destroying the data, or using the data collected up to that point.
 - You do not have to answer any questions that you do not want to answer, or that make you feel uncomfortable. If you choose not to answer all of the questions, you can still remain a part of the study.
 - Should you choose to end participation, refuse answering particular questions or not to volunteer to participate in the study, your decision will not influence any relationships you may have with the researchers or study staff, or York University either now, or in the future.

Questions about the Research?

If you have questions about the research or about your role in the study, please feel free to contact Dr. Christine Kurtz Landy either by telephone at (416) 736-2100, extension 44970 or by e-mail (kurtzlc@yorku.ca).

This research study has been reviewed and approved by the Human Participants Review Sub-Committee; York University's Ethics Review Board and conforms to the standards of the Canadian Tri-Council Research Ethics guidelines. If you have any questions about this process or about your rights as a participant in the study, please contact the Sr. Manager & Policy Advisor for the Office of Research Ethics, 5th Floor, Kaneff Tower, York University (telephone 416-736-5914 or e-mail ore@yorku.ca).

