

Nature 4 Life!



“Nature for Life” workshop

- Collaborative project from the Healthy Communities Partnership
- Held workshop on Sept 30, 2014 – focus on children & youth
 - Goal: work with families, communities and municipalities to connect children and youth with nature
 - Objectives: learn about value of connection with nature for families and children → identify & build network of like-minded people → identify & develop projects to further enhance connection with nature

[www.healthyllg.org/resources/Nature for Life Report Event 2014.pdf](http://www.healthyllg.org/resources/Nature_for_Life_Report_Event_2014.pdf)

- One Project suggested: Working with health, community and social service providers to incorporate nature into their work with children/youth and families.



“Backseat generation”



Nature and children



Nature 4 Life!

- Working group of interested people from September workshop
 - Paula Stewart, Lois Dewey, Jane Torrance, Carol Anne McNeil, Susan Cressy and Kara Symbolic
- Focus: connect children and youth with nature to improve health and wellbeing
- Target: doctors, nurses, community and social service providers and their clients



Component	Provider Info & Education	Resource Development for Practice	Champions	Policy Development	HU Public Info
Activities	Market, Meet & Moodle	Promote & Prescribe	Identify, Inform & Include	Care, CPD Conversation	Parents, Primary, Promotion
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Target groups	Docs, nurses, community & social service providers, clients				Families
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Short-term outcomes	Positive attitude + knowledge about health effects of nature Self-efficacy + social norms to include nature in practice				Awareness of nature + supporting resources
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Long-term outcomes	Use resources + discuss nature in practice Families experience nature on regular basis				
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Health goal	Increased quality of life + decreased health problems among children, youth & adults in LLG				

Get involved

Keep a lookout in your inbox:

- Join our working group
- Become a champion for your organization
- Review Moodle course content
- Review promotional materials
- Grow the N4L! Partnership

For more information, contact:

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