

Board of Health

Monthly Report - May 2001

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CONTACT US
Please contact us with feedback or suggestions for the Board Report at board@healthunit.org

Health Unit Tobacco Strategic Plan Approved

Submitted by Brent Dalglish, Director, Health Promotion and Chronic Disease Prevention Services

The Health Unit Tobacco Strategic Plan was presented to the Board of Health and approved at their regular meeting on April 26, 2001. This plan was developed in recognition of the fact that tobacco is the leading preventable cause of death in Ontario. Also, the population of Leeds, Grenville and Lanark has a higher prevalence of tobacco use, and higher death rates related to tobacco than the provincial average.

This strategic plan is aimed at achieving a tobacco-free Leeds, Grenville and Lanark in which all people are better able to achieve their optimal level of health due to the elimination of the use and exposure to tobacco products.

In order to achieve this, a variety of strategies will be used in key sites including homes, schools, workplaces, and public places. These strategies will fall under three categories:

- Protection, which includes activities to promote and/or ensure the health and rights of non-smokers;
- Prevention, which includes activities to promote, encourage and/or assist children, youth and adults to stay tobacco-free; and
- Cessation, which includes activities to promote, encourage and/or assist those who want to quit smoking or other forms of tobacco use.

By working cooperatively with municipalities, schools, workplaces, community partners and members of the public, the Health Unit is committed to reducing and eliminating the harmful effects of tobacco use for the residents of Leeds, Grenville and Lanark.

For further information regarding the Health Unit Tobacco Strategic Plan, please contact Brent Dalglish, Director of Health Promotion and Chronic Disease Prevention Services or Dr. Charles Gardner, Medical Officer of Health, at 345-5685.

