



# 2010 Annual Summary Report

For Leeds, Grenville & Lanark

Prepared: November 2011

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## Introduction

The data presented in this report was obtained from the Rapid Risk Factor Surveillance System (RRFSS). RRFSS is an on-going telephone survey occurring in various public health units across Ontario that provides timely and relevant local health unit data.

A random sample of adults (aged 18+) in Leeds, Grenville & Lanark counties is interviewed monthly regarding risk behaviours, knowledge, attitudes and awareness about topics important to public health. Data collected in the RRFSS survey is used to support community awareness programmes regarding the risks for chronic diseases, infectious disease and injuries, health unit programme planning and evaluation, media campaigns, public policy development and evidence-based research as mandated by the Ontario Public Health Standards.<sup>1</sup>

The RRFSS survey consists of two types of modules, core and optional. *Core* modules are asked by all RRFSS participating health units across the province. *Optional* modules are the survey questions chosen by the Leeds, Grenville & Lanark District Health Unit to be asked with the purpose of meeting our local health unit programs and service needs.

On average, the RRFSS survey is 20 minutes in length and is conducted by the Institute for Social Research (ISR) at York University, on behalf of the Leeds, Grenville & Lanark District Health Unit. ISR uses computer assisted telephone interviewing (CATI) technology, with sampling based on random digit dialling (RDD).

The RRFSS survey began as a joint partnership pilot project in Durham Region in 1999, involving Health Canada, Cancer Care Ontario, and the Ontario Ministry of Health and Long-term Care. For more information on the history and purpose of RRFSS, and/or to review the questionnaires, visit the website at <http://www.rrfss.ca>.

The Leeds, Grenville & Lanark District Health Unit has participated in RRFSS since 2003 and receives the data collected by ISR three times per year.

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<sup>1</sup>[http://www.health.gov.on.ca/english/providers/program/pubhealth/oph\\_standards/ophs/index.html](http://www.health.gov.on.ca/english/providers/program/pubhealth/oph_standards/ophs/index.html)

## Methodology

Data from RRFSS were analyzed using IBM SPSS Statistics Version 19 and Microsoft Office Excel 2007 software. Standard table symbols defined by Statistics Canada are used throughout this report.<sup>2</sup>

Results are weighted to adjust for household size and inequality in selection probability. (One-adult households are given a weight of one, two-adult households are given a weight of two, three-adult households are given a weight of three, etc.). RRFSS only samples a proportion of the population and the data is used to make statements about specific populations of interest. The application of weights to the data means that the results are more representative of the Leeds, Grenville & Lanark population.

Estimates are presented with 95% Confidence Intervals (C.I.) which indicate that there is a 95% probability that the value of the variable measure (proportion) will include the true value that would be obtained with a 100% sample. In other words, C.I.'s are used to indicate the reliability of an estimate and tells the reader the range within which a true estimate falls 95 times out of 100.

Another indicator used in this report is the coefficient of variation (C.V.). The C.V. represents the ratio of the standard deviation to the mean, and it is a useful statistic for comparing the degree of variation from one data series to another, even if the means are drastically different from each other.

When the data is presented in a chart or table, a symbol <sup>E</sup> (superscript) indicates that the estimate may be released, but has a high coefficient of variation (C.V.) and must be interpreted with caution. This would be due to large response variability by survey respondents (C.V. between 16.6 and 33.3).

The letter **F** indicates the estimate is too unreliable to be published and is most likely invalid due to high sampling variability (C.V. greater than 33.3).

n = represents the number of respondents for the question.

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<sup>2</sup> <http://www.statcan.gc.ca/concepts/definitions/guide-symbol-signes-eng.htm>  
RRFSS 2010 Annual Summary Report

## Results

Over the full year, there were 1038 respondents to RRFSS in Leeds Grenville & Lanark. However, not all modules were asked for 12 months of the year. Therefore, the denominator for some questions, even though asked of all respondents, will not equal 1038.

Frequencies shown are rounded to the nearest whole number. Note: the sum of the frequencies of a table may be different by a count of 1 (or the sum of percentages may be different by 0.1) to the total shown in a table due to rounding of weighted results.

### Alcohol Use (Core)

**During the past 12 months, have you had a drink of beer, wine, liquor or any other alcoholic beverage? By drink we mean 1 can/bottle beer, 1 glass wine, 1 can/bottle wine cooler, 1 cocktail or 1 shot of liquor.**

Categories	Frequency	Percent	95% CI
Yes	853	82.2	(79.6 - 84.8)
No	185	17.8	(12.3 - 23.3)
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

### Do you drink alcohol every day?

Categories	Frequency	Percent	95% CI
Yes	F	F	F
No	767	73.9	(70.8 - 77.0)
Do not drink alcohol	185	17.8	(12.3 - 23.3)
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### How many days a week do you drink alcohol?

Categories	Frequency	Percent	95% CI
Less than once a week (includes those who do not drink alcohol)	532	51.2	(47.0 - 55.4)
1	132 <sup>E</sup>	12.7 <sup>E</sup>	(7.0 - 18.4) <sup>E</sup>
2	139 <sup>E</sup>	13.4 <sup>E</sup>	(7.7 - 19.1) <sup>E</sup>
3-6	145 <sup>E</sup>	14.0 <sup>E</sup>	(8.4 - 19.6)
Everyday	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**On the days when you had a drink, about how many drinks did you have on average?**

Categories	Frequency	Percent	95% CI
Do not drink	185	17.9	(12.2 – 23.4)
1	348	33.6	(28.6 – 38.6)
2	287	27.7	(22.5 – 32.9)
3	109 <sup>E</sup>	10.6 <sup>E</sup>	(4.8 – 16.4) <sup>E</sup>
4 plus	97 <sup>E</sup>	9.4 <sup>E</sup>	(3.6 – 15.2) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

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**Body Mass Index (BMI) (Core)**

The body mass index is calculated from self-reported weight and heights.

Categories	Frequency	Percent	95% CI
< 18.5 (underweight)	F	F	F
18.5 – 24.9 (acceptable weight)	346	35.9	(30.8 – 41.0)
25.0 – 29.9 (overweight)	394	40.9	(36.0 – 45.8)
>=30.0 (obese)	213	22.2	(16.6 – 27.8)
<b>Total</b>	<b>n = 963*</b>	<b>100.0</b>	

\*All pregnant women were excluded from the BMI analysis

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**Cell Phone Use While Driving (Core)**

**In a typical week, how many days do you drive a car or other motor vehicle?**

Categories	Frequency	Percent	95% CI
7 days a week	528	54.9	50.7 – 59.1
5 – 6 days a week	205	21.3	15.7 – 26.9
2 – 4 days a week	174	18.1	12.4 – 23.8
Once per week or less/Don't Drive/Don't Know	F	F	F
<b>Total</b>	<b>n = 962*</b>	<b>100.0</b>	

\*Only asked of those that have driven a vehicle in the past 12 months

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

And, how often in a typical week do you talk on a cell phone or other mobile phone device while driving? (It does not include text messaging.)

Categories	Frequency	Percent	95% CI
Every time you drive	F	F	F
Most times when you drive	F	F	F
Sometimes when you drive	F	F	F
Seldom when you drive	156 <sup>E</sup>	16.3 <sup>E</sup>	(10.5 – 22.1) <sup>E</sup>
Never	527	55.1	(50.9 – 59.3)
Do not have a cell phone	148 <sup>E</sup>	15.5 <sup>E</sup>	(9.7 – 21.3) <sup>E</sup>
<b>Total</b>	<b>n = 956*</b>	<b>100.0</b>	

\*Only asked of those that have driven a vehicle in the past 12 months

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

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**And when you talk or use your phone while driving, do you use a hands-free mode every time, most times, sometimes, seldom or never?**

Categories	Frequency	Percent	95% CI
Every time	124	44.0	(35.3 – 52.7)
Most times	F	F	F
Sometimes	F	F	F
Seldom	F	F	F
Never	90	32.1	(22.5 – 41.7)
Don't know	F	F	F
<b>Total</b>	<b>n = 281*</b>	<b>100.0</b>	

\*Only asked of those that have driven a vehicle in the past 12 months and if respondent talks on a cell phone when they drive

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Chronic Diseases (Core)

**Have you ever been TOLD BY A DOCTOR or other health care professional that you have any of the following disorders?**

Categories	Frequency	Percent	95% CI
High Blood Pressure	108	38.2	(29.0 – 47.4)
Asthma	64 <sup>E</sup>	22.5 <sup>E</sup>	(12.3 – 32.7) <sup>E</sup>
Diabetes	F	F	F
Other Chronic Disease**	70 <sup>E</sup>	24.5 <sup>E</sup>	(14.4 – 34.6) <sup>E</sup>
<b>Total</b>	<b>n = 284*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

\*\* Other Chronic Disease such as heart disease, cancer or thyroid disorder

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

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**Of those that responded 'yes' to Asthma above, 74.2% also responded 'yes' to the question 'Do you still have Asthma?'**



## Diabetes Risk Factors (Optional)

**Would you say that you have a great deal of knowledge about diabetes, some, a little, or no knowledge about diabetes?**

Categories	Frequency	Percent	95% CI
A great deal	168 <sup>E</sup>	16.2 <sup>E</sup>	(10.6 – 21.8) <sup>E</sup>
Some	504	48.5	(44.1 – 52.9)
A little	286	27.6	(22.4 – 32.8)
No knowledge	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Type 2 diabetes, also known as adult onset diabetes, happens when your body has trouble using insulin. Do you believe a person can prevent type 2 diabetes?**

Categories	Frequency	Percent	95% CI
Yes	501	74.6	(70.8 – 78.4)
No	86 <sup>E</sup>	12.8 <sup>E</sup>	(5.7 – 19.9) <sup>E</sup>
Don't know	85 <sup>E</sup>	12.6 <sup>E</sup>	(5.5 – 19.7) <sup>E</sup>
<b>Total</b>	<b>n = 672*</b>	<b>100.0</b>	

\*Asked only of adults who have a great deal or some knowledge about diabetes

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

**There are a number of things people can do to prevent diabetes. Can you tell me what some of these things are?**

Categories	Frequency	Percent	95% CI
Diet: eat a balanced diet, eating healthy food, eat the right food, etc.	439	38.8	(34.2 – 43.4)
Exercise: exercise regularly, do the right amount of exercise, be physically active, etc.	352	31.1	(26.3 – 35.9)
Weight: lose weight (if overweight), maintain a healthy weight take care of your weight, be the correct weight, etc.	163 <sup>E</sup>	14.4 <sup>E</sup>	(9.0 – 19.8) <sup>E</sup>
Sugar: reduce/limit/watch amount of sugar or sweets	F	F	F
Smoking: don't smoke/quit smoking	F	F	F
Other	F	F	F
<b>Total</b>	<b>n = 1132*</b>	<b>100.0</b>	

\*Multiple responses

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Driving Status (Core)

### In the past 12 months have you driven a motor vehicle?

Categories	Frequency	Percent	95% CI
Yes	962	92.6	(90.9 – 94.3)
No	F	F	F
Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

Note: This includes cars, vans, trucks, and motor-cycles, but excludes recreational vehicles.

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## Emergency Preparedness – Household / Family Plans (Core)

An example of an emergency or disaster is the blackout in the summer of 2003, SARS, major chemical spill, or a flu pandemic.

### Have you taken any steps to make sure you are prepared at home if there is an emergency or disaster?

Categories	Frequency	Percent	95% CI
Yes	666	64.2	(60.6 – 67.8)
No	348	33.5	(28.5 – 38.5)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### Some people have a family plan for emergencies that includes how to contact those who live with them in case the telephones no longer work, where to go to get help, and where to meet if disaster strikes. Do you have a plan like this?

Categories	Frequency	Percent	95% CI
Yes	296	44.5	(38.8 – 50.2)
No	366	54.9	(49.8 – 60.0)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 666*</b>	<b>100.0</b>	

\* Only asked of respondents who said they have taken steps to prepare for an emergency

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### Have you set aside food at home for an emergency that will last for at least 3 days?

Categories	Frequency	Percent	95% CI
Yes	858	82.7	(80.2 – 85.2)
No	178	17.1	(11.6 – 22.6)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**What about an emergency supply of bottled water at home that will last for at least 3 days?**

Categories	Frequency	Percent	95% CI
Yes	653	62.9	(59.2 – 66.6)
No	378	36.4	(31.5 – 41.3)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Have you set aside some money, in small bills, loonies and toonies in case of an emergency or disaster?**

Categories	Frequency	Percent	95% CI
Yes	667	64.3	(60.7 – 67.9)
No	352	33.9	(29.0 – 38.8)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

Many Canadians must take medications to keep healthy. Medications include those that are prescribed by your doctor for particular problems or those that can be purchased over the counter. In the event of an emergency or disaster it may be difficult to refill prescriptions or obtain over the counter medication.

**Do you require any essential medications to keep healthy?**

Categories	Frequency	Percent	95% CI
Yes	463	44.6	(40.1 – 49.1)
No	568	54.7	(50.6 – 58.8)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Do you keep at least a 3 day supply of essential medications on hand?**

Categories	Frequency	Percent	95% CI
Yes	457	98.7	(97.7 – 99.7)
No	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 463*</b>	<b>100.0</b>	

\*Asked only of adults who require essential medications to keep healthy

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Falls (Core)

Falling downstairs, off a ladder, or on an icy walkway or tripping and falling down over something left on the floor, happens to many people every year.

### Have you had a fall in the last 12 months?

Categories	Frequency	Percent	95% CI
Yes	234	22.5	(17.1 -27.9)
No	803	77.4	(74.5 – 80.3)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n= 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### Did your fall result in an injury that was serious enough to make it difficult to walk, get dressed, go to work, or do most of the things you normally do?

Categories	Frequency	Percent	95% CI
Yes	84	35.8	(25.5 – 46.1)
No	150	64.2	(56.5 – 71.9)
<b>Total</b>	<b>n = 234*</b>	<b>100.0</b>	

\*Asked only of adults who responded 'yes' they had a fall in the last 12 months

## Falls Awareness (Optional)

### What is the chance that a person aged 65 or older will fall at some time during a year?

Categories	Frequency	Percent	95% CI
One in two	F	F	F
One in three	74 <sup>E</sup>	15.4 <sup>E</sup>	(7.2 – 23.6) <sup>E</sup>
One in five	123	25.8	(18.1 – 33.5)
One in ten	115 <sup>E</sup>	24.0 <sup>E</sup>	(16.2 – 31.8) <sup>E</sup>
One in fifty	F	F	F
One in one hundred	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 478*</b>	<b>100.0</b>	

\*Asked only of respondents aged 55 and older

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**The chance of falling in later life (people 65 or older) is much less for people who have been physically active?**

Categories	Frequency	Percent	95% CI
Strongly agree	280	58.5	(52.7 – 64.3)
Somewhat agree	147	30.7	(23.2 – 38.2)
Somewhat disagree	F	F	F
Strongly disagree	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 478*</b>	<b>100.0</b>	

\*Asked only of respondents aged 55 and older

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Falling is a normal part of the aging process.**

Categories	Frequency	Percent	95% CI
Strongly agree	87 <sup>E</sup>	18.1 <sup>E</sup>	(10.0 – 26.2) <sup>E</sup>
Somewhat agree	180	37.6	(30.5 – 44.7)
Somewhat disagree	110 <sup>E</sup>	23.0 <sup>E</sup>	(15.1 – 30.9) <sup>E</sup>
Strongly disagree	80 <sup>E</sup>	16.7 <sup>E</sup>	(8.5 – 24.9) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 478*</b>	<b>100.0</b>	

\*Asked only of respondents aged 55 and older

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Family Violence (Optional)**

Family violence covers several forms of abuse such as physical, sexual, and emotional abuse and can occur between anyone who is part of a family.

**To what extent do you think there is family violence in Leeds, Grenville & Lanark?**

Categories	Frequency	Percent	95% CI
None/A Little	132 <sup>E</sup>	12.7 <sup>E</sup>	(7.0 – 18.4) <sup>E</sup>
Some	573	55.2	(51.1 – 59.3)
A Lot	207	19.9	(14.5 – 25.3)
Don't Know/Refused	127 <sup>E</sup>	12.2 <sup>E</sup>	(6.5 – 17.9) <sup>E</sup>
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

**In general, compared to five years ago, do you think the amount of family violence has gone up, gone down, or stayed about the same?**

Categories	Frequency	Percent	95% CI
Up	366	40.1	(35.1 – 45.1)
Down	F	F	F
Stayed about the same	394	43.2	(38.3 – 48.1)
Don't Know	110 <sup>E</sup>	12.1 <sup>E</sup>	(6.0 – 18.2) <sup>E</sup>
<b>Total</b>	<b>n = 911*</b>	<b>100.0</b>	

\*Excluding Don't Know/Refused respondents from 'to what extent do you think there is family violence in LG&L'

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**In general, compared to five years ago, do you think family violence is seen as a more serious problem or a less serious problem, or that it has stayed about the same?**

Categories	Frequency	Percent	95% CI
More serious	512	56.2	(51.9 – 60.5)
Less serious	F	F	F
Stayed about the same	354	38.8	(33.7 – 43.9)
Don't Know	F	F	F
<b>Total</b>	<b>n = 911*</b>	<b>100.0</b>	

\*Excluding Don't Know/Refused respondents from 'to what extent do you think there is family violence in LG&L'

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**In general, do you think children who see or hear violence in their OWN family are much more likely, somewhat more likely, somewhat less likely to experience depression than other children, or do you think there is no difference?**

Categories	Frequency	Percent	95% CI
Much more likely	506	48.8	(44.4 – 53.2)
Somewhat more likely	416	40.1	(35.4 – 44.8)
Somewhat less likely	F	F	F
No difference	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**What about having problems learning at school?**

Categories	Frequency	Percent	95% CI
Much more likely	537	51.7	(47.5 – 55.9)
Somewhat more likely	397	38.2	(33.4 – 43.0)
Somewhat less likely	F	F	F
No difference	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**What about having problems getting along with other children: would you say much more likely, somewhat more likely, somewhat less likely, or no difference?**

Categories	Frequency	Percent	95% CI
Much more likely	498	48.0	(43.6 – 52.4)
Somewhat more likely	409	39.4	(34.7 – 44.1)
Somewhat less likely	F	F	F
No difference	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Do you think by becoming pregnant a woman is much more likely to be abused by her partner?**

Categories	Frequency	Percent	95% CI
Much more likely	133 <sup>E</sup>	12.8 <sup>E</sup>	(7.1 – 18.5) <sup>E</sup>
Somewhat more likely	124 <sup>E</sup>	12.0 <sup>E</sup>	(6.3 – 17.7) <sup>E</sup>
Somewhat less likely	200	19.3	(13.8 – 24.8)
No difference	530	51.7	(46.8 – 56.6)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Flu Immunization

### Flu Immunization - Chronic Disease / 65+ (Core)

(To assess flu immunization coverage in adults that live with or visit high risk individuals age 65+ or with chronic condition).

**Do you live with, or visit at least once a week, with a person who has a chronic health condition such as heart disease, lung disease (includes asthma), diabetes, cancer, or any other chronic disease?**

Categories	Frequency	Percent	95% CI
Yes	129	37.0	(28.7 – 45.3)
No	217	66.2	(55.7 – 76.7)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Including those who live with you do you see or visit a person over the age of 65 at least once a week?**

Categories	Frequency	Percent	95% CI
Yes	188	54.1	(47.0 – 61.2)
No	159	45.6	(37.9 – 53.3)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Flu Immunization - HCW (Awareness) (Optional)**

(To assess the public's perception of the flu shot and whether health professionals should be immunized against influenza).

**Annual Flu shots keep people from getting sick with the flu?**

Categories	Frequency	Percent	95% CI
Strongly agree	371	35.7	(30.8 – 40.6)
Somewhat agree	370	35.6	(30.7 – 40.5)
Somewhat disagree	129 <sup>E</sup>	12.4 <sup>E</sup>	(6.7 – 18.1) <sup>E</sup>
Strongly disagree	99 <sup>E</sup>	9.5 <sup>E</sup>	(3.7 – 15.3) <sup>E</sup>
Neither agree nor disagree	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**People that have had their annual flu shot are less likely to spread the flu to others?**

Categories	Frequency	Percent	95% CI
Strongly agree	404	38.9	(34.1 – 43.7)
Somewhat agree	305	29.4	(24.3 – 34.5)
Somewhat disagree	154 <sup>E</sup>	14.8 <sup>E</sup>	(9.2 – 20.4) <sup>E</sup>
Strongly disagree	F	F	F
Don't Know	F	F	F
Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published



**Doctors and hospital employees should make a serious effort to reduce the chance of spreading the flu to their patients? (Hospital employees include nurses, administrative, cafeteria, cleaning, and other staff).**

Categories	Frequency	Percent	95% CI
Strongly agree	843	81.2	(78.6 – 83.8)
Somewhat agree	167 <sup>E</sup>	16.1 <sup>E</sup>	(10.5 – 21.7) <sup>E</sup>
Somewhat disagree	F	F	F
Strongly disagree	F	F	F
Neither agree nor disagree	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**All doctors should get an annual flu shot?**

Categories	Frequency	Percent	95% CI
Strongly agree	567	64.3	(60.4 – 68.2)
Somewhat agree	195	22.1	(16.3 – 27.9)
Somewhat disagree	F	F	F
Strongly disagree	F	F	F
Neither agree nor disagree	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 880</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**All other hospital employees, including nurses, administrative, cafeteria, cleaning, and other staff, should get an annual flu shot.**

Categories	Frequency	Percent	95% CI
Strongly agree	571	64.8	(60.9 – 68.7)
Somewhat agree	203	23.0	(17.2 – 28.8)
Somewhat disagree	F	F	F
Strongly disagree	F	F	F
Neither agree nor disagree	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 881</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Flu Immunization – Workplace (Optional)

(To identify individuals who work in health care facilities).

**Are you currently: employed for wages, self-employed, been out of work for more than 1 year, been out of work for less than one year, taking care of a family, a student, retired, or unable to work?**

Categories	Frequency	Percent	95% CI
Employed for wages	482	46.4	(41.9 – 50.9)
Self-employed	117 <sup>E</sup>	11.2 <sup>E</sup>	(5.5 – 16.9) <sup>E</sup>
Out of work	F	F	F
Taking care of family/Student/Unable to work/other	F	F	F
Retired	310	29.9	(24.8 – 35.0)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Are you an employee, student or volunteer in a health care facility such as a hospital, a doctor's, dentist's or chiropractor's office, or any other health care facility?**

Categories	Frequency	Percent	95% CI
Yes	F	F	F
No	301	86.2	(82.3 – 90.1)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## General Health (Core)

**What would you say your general health is?**

Categories	Frequency	Percent	95% CI
Excellent	219	21.6	(15.7 – 26.5)
Very Good	390	37.6	(32.8 – 42.4)
Good	291	28.1	(22.9 – 33.3)
Fair/Poor	134 <sup>E</sup>	12.9 <sup>E</sup>	(7.2 – 18.6) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## H1N1 & Seasonal Flu Vaccination (Core)

Since October 2009, has a child (last birthday < 18) in your household had the H1N1 flu shot?

Categories	Frequency	Percent	95% CI
Yes	60	47.3	(34.7 – 59.9)
No	64	50.2	(38.0 – 62.4)
Don't Know	F	F	F
<b>Total</b>	<b>127*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010 and of those with children in the household

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Of those children that received the H1N1 vaccine, 40.5%<sup>E</sup> received the shot in November 2009.** <sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

Since October 2009, did you (respondent) have the H1N1 flu shot?

Categories	Frequency	Percent	95% CI
Yes	162	46.5	(38.8 – 54.2)
No	184	52.7	(45.5 – 59.9)
Don't Know	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Of those respondents that received the H1N1 vaccine, 41.7% received the shot in November 2009.**

**For the question “Did you or anyone in your household have the flu in the last two weeks?” 90.4% had not had the flu.**

How likely are you to get the seasonal flu shot this flu season?

Categories	Frequency	Percent	95% CI
Very likely/Somewhat likely	65 <sup>E</sup>	18.7 <sup>E</sup>	(9.2 – 28.2) <sup>E</sup>
Not very likely/Not at all likely	188	53.9	(46.8 – 61.0)
Already got the flu shot	90 <sup>E</sup>	25.9 <sup>E</sup>	(16.8 – 35.0) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Of those respondents that received the flu vaccine already, 32.0%<sup>E</sup> received the shot in November 2009.** <sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

**During the past five years, how many times did you get the flu shot?**

Categories	Frequency	Percent	95% CI
None/Never	118	33.8	(25.3 – 42.3)
1 – 4 times	107	30.7	(22.0 – 39.4)
5 or more times	117	33.5	(24.9 – 42.1)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Did you get your flu shot last flu season - between September 2008 and April 2009?**

Categories	Frequency	Percent	95% CI
Yes	179	51.4	(44.1 – 58.7)
No	165	47.3	(39.7 – 54.9)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349*</b>	<b>100.0</b>	

\* This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**The following table represents the multiple answers to the question “Why did the respondent not get the H1N1 and/or Seasonal Flu shot. Even though the sampling variability is too unreliable to be published for most of the responses, the various reasons are interesting to read.**

Categories	Frequency	Percent	95% CI
Don't need it/ not necessary/ never get the flu/ not worried about getting flu/just fight it/had H1N1 flu	88	41.3	(31.0 – 51.6)
Other	F	F	F
Needs more information OR doesn't know enough about vaccine or disease	F	F	F
Not enough research/ testing of vaccine/ too new / too fast	F	F	F
Doesn't believe in/ never takes flu shots/ vaccination/ medication	F	F	F
Takes other preventive measures - wash hands/ avoid crowds/use natural methods/boost immunity etc.	F	F	F
Distrust of government/physicians/propaganda/hype	F	F	F
Health condition/other medication/pregnant/breastfeeding	F	F	F
Doctor/ health care professional did not recommend	F	F	F
Not in risk/priority group (age etc)/not available for me	F	F	F
Didn't get around to it/forgot/lazy	F	F	F
Safety of the vaccine/vaccine will cause illness or side effects/ bad reaction to previous shot	F	F	F
Vaccine does not work/ might not work	F	F	F
Hard to find a clinic/ inconvenient/ too much trouble/ no time/ vaccine not available	F	F	F

\*This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Continued - The following table represents the multiple answers to the question “Why did the respondent not get the H1N1 and/or Seasonal Flu shot. Even though the sampling variability is too unreliable to be published for most of the responses, the various reasons are interesting to read.**

Afraid of needles	F	F	F
Wait time at clinic too long/ long lines	F	F	F
Allergy/ Reactions/ Allergic to eggs	F	F	F
<b>Total</b>	<b>n = 213*</b>	<b>100.0</b>	

\*This question was asked from January to April, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Heart Disease – Cancer Risk Factor (Optional)

**In your opinion, what are the main causes of heart disease?**

Categories	Frequency	Percent	95% CI
Being overweight / obesity	223 <sup>E</sup>	9.7 <sup>E</sup>	(5.8 – 13.6) <sup>E</sup>
Lack of exercise	317	13.8	(10.0 – 17.6)
Lifestyle	F	F	F
Poor diet (not eating properly, overeating, poor choice of food, etc.)	401	17.4	(13.7 – 21.1)
Smoking / tobacco use	370	16.1	(12.4 – 19.8)
Stress	F	F	F
Too much alcohol	F	F	F
Other	F	F	F
Diabetes	F	F	F
Environment / pollution	F	F	F
Food additives / genetically modified foods, etc	F	F	F
Cholesterol: general	F	F	F
Age / old age	F	F	F
Cholesterol: high blood cholesterol	F	F	F
Cholesterol: high cholesterol foods	F	F	F
Eating too much fatty food	154 <sup>E</sup>	6.7 <sup>E</sup>	(2.8 – 10.6) <sup>E</sup>
Eating too much salt / sodium	F	F	F
Exposure to Environmental Tobacco Smoke (ETS) i.e., second hand smoke	F	F	F
Family medical history / genetics / heredity	277	12.0	(8.2 – 15.8)
High blood pressure	F	F	F
<b>Total</b>	<b>n = 2304*</b>	<b>100.0</b>	

\*Respondents were able to reply with multiple answers

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**In your opinion, what are the main causes of cancer?**

<b>Categories</b>	<b>Frequency</b>	<b>Percent</b>	<b>95% CI</b>
Being overweight / obesity	F	F	F
Family medical history / genetics / heredity	297	16.7	(12.5 – 20.9)
High blood pressure	F	F	F
Lack of exercise	F	F	F
Lifestyle	F	F	F
Living near a nuclear reactor	F	F	F
Pesticide use	F	F	F
Poor diet / eating poorly, etc.	138 <sup>E</sup>	7.8 <sup>E</sup>	(3.3 – 12.3) <sup>E</sup>
Smoking / tobacco use	427	23.9	(19.9 – 27.9)
Stress	F	F	F
Too much alcohol.	F	F	F
Cholesterol: general	F	F	F
Other	134 <sup>E</sup>	7.5 <sup>E</sup>	(3.0 – 12.0) <sup>E</sup>
Food additives / chemicals in food / preservatives, etc	F	F	F
Age / old age	F	F	F
Exposure to chemicals (general)	F	F	F
Cholesterol: high blood cholesterol	F	F	F
Eating too much fatty food	F	F	F
Eating too much salt / sodium	F	F	F
Environment / environmental pollution	222 <sup>E</sup>	12.4 <sup>E</sup>	(8.1 – 16.7) <sup>E</sup>
Exposure to ETS	F	F	F
Exposure to the sun / ultra violet rays	137 <sup>E</sup>	7.7 <sup>E</sup>	(3.2 – 12.2) <sup>E</sup>
<b>Total</b>	<b>n = 1785*</b>	<b>100.0</b>	

\*Respondents were able to reply with multiple answers

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Nutrition (Optional)

We are interested in finding out about the food you eat. Not counting fast food, or drive through places, how often in the past week did you eat in a restaurant?

Categories	Frequency	Percent	95% CI
Never in the past week	339	49.2	(43.9 – 54.5)
One time	227	33.0	(26.9 – 39.1)
Two times	F	F	F
More than three times	F	F	F
Never eat in restaurants/Don't Know	F	F	F
<b>Total</b>	<b>n = 689*</b>	<b>100.0</b>	

\* This question was asked from May to December, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

How often in the past week did you eat fast food like Chinese food, pizza, fried chicken, or hamburgers and French fries (drive-thru)?

Categories	Frequency	Percent	95% CI
Never in the past week	384	55.7	(50.7 – 60.7)
One time	214	31.0	(24.8 – 37.2)
Two times	F	F	F
More than three times	F	F	F
Never eat in restaurants	F	F	F
<b>Total</b>	<b>n = 689*</b>	<b>100.0</b>	

\* This question was asked from May to December, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

How often in the past week did you pick up ready-to-eat foods from the grocery store or supermarket? (Ready to eat foods includes BBQ chicken, roast chicken, chicken wings, ribs, prepared sandwiches, prepared salads, etc.)

Categories	Frequency	Percent	95% CI
Never in the past week	517	75.1	(71.4 – 79.0)
One time	113 <sup>E</sup>	16.4 <sup>E</sup>	(9.6 – 23.0) <sup>E</sup>
Two times	F	F	F
More than three times	F	F	F
Never eat in restaurants/Don't Know	F	F	F
<b>Total</b>	<b>n = 689*</b>	<b>100.0</b>	

\* This question was asked from May to December, 2010

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**When eating meals at a restaurant or ordering food that is already prepared, how important is it to you to get nutritious food?**

Categories	Frequency	Percent	95% CI
Very important	414	60.2	(55.5 – 64.9)
Somewhat important	214	31.1	(24.9 – 37.3)
Not important	F	F	F
Never eat in restaurants or prepared foods	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 689*</b>	<b>100.0</b>	

\* This question was asked from May to December, 2010

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Pap Smears (Core)**

**Note: Only asked of female respondents**

**Have you ever had a Pap smear test?**

Categories	Frequency	Percent	95% CI
Yes	547	95.8	(94.1 – 97.5)
No	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 571</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How long has it been since your last Pap smear test?**

Categories	Frequency	Percent	95% CI
Less than 12 months ago	208	38.0	(31.4 – 44.6)
1 year but less than 2 years ago	140	25.6	(18.4 – 32.8)
2 years but less than 5 years ago	100 <sup>E</sup>	18.3 <sup>E</sup>	(10.7 – 25.9) <sup>E</sup>
5 or more years ago	90 <sup>E</sup>	16.5 <sup>E</sup>	(8.8 – 24.2) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 547*</b>	<b>100.0</b>	

\*Only asked of female respondents that answered yes to having had a Pap smear test

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published



**For which one of the following three reasons did you have your last Pap test done: would you say it was for...**

Categories	Frequency	Percent	95% CI
Regular check-up/routine visit	469	87.1	(84.1 – 90.1)
Ongoing/past problem	F	F	F
Concern about possible problem	F	F	F
Don't know	F	F	F
<b>Total</b>	<b>n = 539</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Have you had a hysterectomy?**

Categories	Frequency	Percent	95% CI
Yes (includes partial)	125 <sup>E</sup>	21.9 <sup>E</sup>	(14.6 – 29.2) <sup>E</sup>
No	444	77.7	(73.8 – 81.6)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 571</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**What is the MAIN reason you have NOT had a Pap smear test within the last three years?**

Categories	Frequency	Percent	95% CI
Had a hysterectomy (full/partial)	46 <sup>E</sup>	35.9 <sup>E</sup>	(22.0 – 49.8) <sup>E</sup>
Told by doctor pap smear not needed	F	F	F
Too old/because of my age	F	F	F
Other	F	F	F
No specific reason, just do not	F	F	F
Did not know I needed one	F	F	F
No time	F	F	F
Don't know	F	F	F
Awkward/embarrassed	F	F	F
Not have health care provider	F	F	F
No problem	F	F	F
Not seen doctor last 2 years/for ages	F	F	F
Not like/trust doctors, etc	F	F	F
Travel distance to get care/too far to travel	F	F	F
<b>Total</b>	<b>n = 128*</b>	<b>100.0</b>	

\*Only asked of female respondents not having a Pap smear test within the last three years

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Parenting Consistency (Optional)

### How old is this child? (Child under 12 years of age with last birthday)

Categories	Frequency	Percent	95% CI
Ages < One/One/Two	53 <sup>E</sup>	25.0 <sup>E</sup>	(13.3 – 36.7) <sup>E</sup>
Ages Three/Four/Five	53 <sup>E</sup>	25.0 <sup>E</sup>	(13.3 – 36.7) <sup>E</sup>
Ages Six/Seven/Eight	45 <sup>E</sup>	21.6 <sup>E</sup>	(9.6 – 33.6) <sup>E</sup>
Ages Nine/Ten/Eleven	59 <sup>E</sup>	27.9 <sup>E</sup>	(16.5 – 39.3) <sup>E</sup>
Don't Know	F	F	F
<b>Total</b>	<b>n = 211*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### What is your relationship to [child]?

Categories	Frequency	Percent	95% CI
Parent	182	86.3	(81.3 – 91.3)
Step-parent	F	F	F
Guardian	F	F	F
Grandparent	F	F	F
Brother/sister	F	F	F
Something else	F	F	F
Other relative	F	F	F
Refused	F	F	F
<b>Total</b>	<b>n = 211*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### How often do you praise [child] by something like: "Good for you!" or "What a nice thing you did!"?

Categories	Frequency	Percent	95% CI
Many times each day (includes "all the time")	153	75.7	(68.9 – 82.5)
One or two times a day	40 <sup>E</sup>	19.7 <sup>E</sup>	(7.4 – 32.0) <sup>E</sup>
A few times a week	F	F	F
About once a week or less	F	F	F
<b>Total</b>	<b>n = 202*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you and [child] talk or play with each other, focusing attention on each other for five minutes or more, just for fun?**

Categories	Frequency	Percent	95% CI
Many times each day (includes "all the time")	129	63.9	(55.6 – 72.2)
One or two times a day	55 <sup>E</sup>	27.1 <sup>E</sup>	(15.4 – 38.8) <sup>E</sup>
A few times a week	F	F	F
About once a week or less	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 202*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you and [child] laugh together?**

Categories	Frequency	Percent	95% CI
Many times each day (includes "all the time")	165	81.8	(75.9 – 87.7)
One or two times a day	F	F	F
A few times a week	F	F	F
About once a week or less	F	F	F
Never	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 202*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you do something special with [child] that he/she enjoys?**

Categories	Frequency	Percent	95% CI
Many times each day (includes "all the time")	50 <sup>E</sup>	24.6 <sup>E</sup>	(12.7 – 36.5) <sup>E</sup>
One or two times a day	55 <sup>E</sup>	27.1 <sup>E</sup>	(15.4 – 38.8) <sup>E</sup>
A few times a week	57 <sup>E</sup>	28.4 <sup>E</sup>	(16.7 – 40.1) <sup>E</sup>
About once a week or less	F	F	F
Never	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 202*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you play games with [child less than 2yrs] / how often play sports, hobbies, or games with [child 2yrs or older]?**

Categories	Frequency	Percent	95% CI
Many times each day (includes "all the time")	58 <sup>E</sup>	28.9 <sup>E</sup>	(17.2 – 40.6) <sup>E</sup>
One or two times a day	47 <sup>E</sup>	23.3 <sup>E</sup>	(11.2 – 35.4) <sup>E</sup>
A few times a week	60 <sup>E</sup>	29.9 <sup>E</sup>	(18.3 – 41.5) <sup>E</sup>
About once a week or less	F	F	F
Never	F	F	F
<b>Total</b>	<b>n = 202*</b>	<b>100.0</b>	

\*Asked only of respondents indicating there was one child LESS than 12 years old in the household.

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Prevalence of Text Messaging While Driving (Core)**

**How often, in a typical week, do you send or read a text-message while driving?**

Categories	Frequency	Percent	95% CI
Every time you drive/Most times when you drive	F	F	F
Sometimes when you drive	F	F	F
Seldom when you drive	F	F	F
Never	713	74.6	(71.4 – 77.8)
Do not have a cell phone/Don't Know	159 <sup>E</sup>	16.6 <sup>E</sup>	(10.8 – 22.4) <sup>E</sup>
<b>Total</b>	<b>n = 956*</b>	<b>100.0</b>	

\*Asked only if respondent is a driver

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Reproductive Health 1 (Core)**

**Are you pregnant?**

Categories	Frequency	Percent	95% CI
Yes	F	F	F
No (includes do not think so, etc.)	207	98.5	(96.8 – 100.2)
Don't Know/Not Sure/Refused	F	F	F
<b>Total</b>	<b>n = 210*</b>	<b>100.0</b>	

\*Asked only of female respondents ages 18 – 49 that responded 'No' they have not had a hysterectomy in Pap Smear module

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Sociodemographics (Core)

### Sociodemographics – Age (Core)

Categories	Frequency	Percent	95% CI
Ages 18 - 24	F	F	F
Ages 25 - 44	264	25.4	(20.1 – 30.7)
Ages 45 - 64	450	43.4	(38.8 – 48.0)
Ages 65+	244	23.5	(18.2 – 28.8)
Don't Know	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### Sociodemographics – Gender (Core)

Categories	Frequency	Percent	95% CI
Male	467	45.0	(40.5 – 49.5)
Female	571	55.0	(50.0 – 59.1)
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

### Sociodemographics - Marital Status (Core)

Categories	Frequency	Percent	95% CI
Married	687	66.2	(62.7 – 69.7)
Living with a partner/common law	100 <sup>E</sup>	9.6 <sup>E</sup>	(3.8 – 15.4) <sup>E</sup>
Widowed	F	F	F
Divorced	F	F	F
Separated	F	F	F
Never been married	105 <sup>E</sup>	10.1 <sup>E</sup>	(4.3 – 15.9) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### Sociodemographics – Children (Core)

**Do you have any children in your household aged 17 or younger? (Children must be living in the home and includes step children or adopted children).**

Categories	Frequency	Percent	95% CI
Yes	355	34.2	(29.3 – 39.1)
No	680	65.5	(61.9 – 69.1)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How many children 17 years or younger, live in your household?**

Categories	Frequency	Percent	95% CI
One child	168	47.3	(39.8 – 54.8)
Two children	135	38.1	(29.9 – 46.3)
Three children	F	F	F
Four children	F	F	F
Five children	F	F	F
Seven children	F	F	F
Refused	F	F	F
<b>Total</b>	<b>n = 355*</b>	<b>100.0</b>	

\*Asked only of respondents that answered 'yes' they have children in the household under age 17

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Sociodemographics - Education (Core)**

**What is the highest level of education you have obtained?**

Categories	Frequency	Percent	95% CI
Less than high school	F	F	F
High school or more	366	35.2	(30.3 – 40.1)
Post-secondary graduate	532	51.2	(47.0 – 55.4)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Sociodemographics - Employment Status (Core)**

Categories	Frequency	Percent	95% CI
Employed for wages	482	46.4	(41.9 – 50.9)
Self-employed	117 <sup>E</sup>	11.2 <sup>E</sup>	(5.5 – 16.9) <sup>E</sup>
Out of work for less than 1 year	F	F	F
Out of work for more than 1 year	F	F	F
Taking care of family (family & part-time)	F	F	F
Student (student & part-time)	F	F	F
Retired (retired & part-time)	310	29.9	(24.8 – 35.0)
Unable to work (includes on disability)	F	F	F
Other	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Are you an employee, student or volunteer in a health care facility such as a hospital, a doctor's, dentist's or chiropractor's office, or any other health care facility?**

Categories	Frequency	Percent	95% CI
Yes	F	F	F
No	301	86.2	(82.3 – 90.1)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 349</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Sociodemographics – Income (Core)**

**Could you please tell me how much income you and other members of your household received in the year ending December 31st 2009, before taxes? Please include income from all sources such as savings, pensions, rent, as well as wages.**

Categories	Frequency	Percent	95% CI
Less than \$30,000	113 <sup>E</sup>	10.9 <sup>E</sup>	(5.2 – 16.6) <sup>E</sup>
\$30,000-\$69,999	312	30.0	(24.9 – 35.1)
\$70,000-\$99,999	164 <sup>E</sup>	15.8 <sup>E</sup>	(10.2 – 21.4) <sup>E</sup>
\$100,000 or more	160 <sup>E</sup>	15.4 <sup>E</sup>	(9.8 – 21.0) <sup>E</sup>
Don't Know/Refused	289	27.9	(22.7 – 33.1)
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

**Sociodemographics - Home Language (Core)**

**What language do you speak most often at home?**

Categories	Frequency	Percent	95% CI
English	1011	97.4	(96.4 – 98.4)
French	F	F	F
Refused	F	F	F
Spanish	F	F	F
Other/more than one language	F	F	F
Japanese	F	F	F
Polish	F	F	F
Punjabi	F	F	F
Arabic	F	F	F
Chinese	F	F	F
Hungarian	F	F	F
Portuguese	F	F	F
Croatian	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Sun Safety (Core)

**In the last twelve months, has any part of your body been sunburned? (By sunburn we mean any reddening or discomfort of your skin that lasts longer than 12 hours after exposure to the sun or other ultra violet sources, such as tanning beds or sunlamps).**

Categories	Frequency	Percent	95% CI
Yes	366	35.2	(30.3 – 40.1)
No	668	64.4	(60.8 – 68.0)
Don't Know	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you avoid being in the sun between 11 am and 4 pm?**

Categories	Frequency	Percent	95% CI
Always	F	F	F
Often	100	31.0	(21.9 – 40.1)
Sometimes	77 <sup>E</sup>	24.0 <sup>E</sup>	(14.5 – 33.5) <sup>E</sup>
Rarely	55 <sup>E</sup>	17.2 <sup>E</sup>	(7.2 – 27.2) <sup>E</sup>
Never	54 <sup>E</sup>	6.9 <sup>E</sup>	(6.9 – 26.9) <sup>E</sup>
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 321*</b>	<b>100.0</b>	

\*Asked from May – September only

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**How often do you wear sunglasses with UV (ultra violet) protection when in the sun?**

(Sunglasses include any type of tinted glasses with UV protection. This includes glasses that change color accordingly and have UV protection).

Categories	Frequency	Percent	95% CI
Always	155	48.2	(40.3 – 56.1)
Often	65 <sup>E</sup>	20.3 <sup>E</sup>	(10.5 – 30.1) <sup>E</sup>
Sometimes	F	F	F
Rarely	F	F	F
Never	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 321*</b>	<b>100.0</b>	

\*Asked from May – September only

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published



### How often do you wear protective clothing, including a hat, when in the sun?

Categories	Frequency	Percent	95% CI
Always	100	31.0	(21.9 – 40.1)
Often	68 <sup>E</sup>	21.1 <sup>E</sup>	(11.4 – 30.8) <sup>E</sup>
Sometimes	59 <sup>E</sup>	18.3 <sup>E</sup>	(8.4 – 28.2) <sup>E</sup>
Rarely	F	F	F
Never	58 <sup>E</sup>	18.2 <sup>E</sup>	(8.3 – 28.1) <sup>E</sup>
Don't Know	F	F	F
<b>Total</b>	<b>n = 321*</b>	<b>100.0</b>	

\*Asked from May – September only

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

### How often do you use sun screen?

Categories	Frequency	Percent	95% CI
Always	54 <sup>E</sup>	16.7 <sup>E</sup>	(6.8 – 26.6) <sup>E</sup>
Often	66 <sup>E</sup>	20.4 <sup>E</sup>	(10.7 – 30.1) <sup>E</sup>
Sometimes	67 <sup>E</sup>	20.7 <sup>E</sup>	(11.0 – 30.4) <sup>E</sup>
Rarely	52 <sup>E</sup>	16.2 <sup>E</sup>	(6.2 – 26.2) <sup>E</sup>
Never	82 <sup>E</sup>	25.4 <sup>E</sup>	(16.0 – 34.8) <sup>E</sup>
Don't Know	F	F	F
<b>Total</b>	<b>n = 321*</b>	<b>100.0</b>	

\*Asked from May – September only

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Tobacco

### Tobacco – Home (Core)

#### Does anyone in this household smoke regularly INSIDE the home?

Categories	Frequency	Percent	95% CI
Yes	101 <sup>E</sup>	10.8 <sup>E</sup>	(4.7 – 16.9) <sup>E</sup>
No	831	89.1	(87.0 – 91.2)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 933*</b>	<b>100.0</b>	

\* Excludes non-smokers that are the only adult living in the household

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Which of the following best describes the rules or understandings about smoking inside your home for VISITORS?**

Categories	Frequency	Percent	95% CI
Smoking is not allowed at all	846	81.5	(78.9 – 84.1)
Smoking is allowed sometimes/ smoking is allowed in certain areas of the home	96 <sup>E</sup>	9.2 <sup>E</sup>	(3.4 – 15.0) <sup>E</sup>
Smoking is allowed except when children are present	F	F	F
Smokers do whatever they want	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Tobacco - Use by Respondent (Core)**

**Have you smoked at least 100 cigarettes in your life?**

Categories	Frequency	Percent	95% CI
Yes	574	55.3	(51.2 – 59.4)
No	461	44.4	(39.9 – 48.9)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 1038</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Currently do you smoke cigarettes every day, some days, or not at all?**

Categories	Frequency	Percent	95% CI
Every day	159	27.6	(20.7 – 34.5)
Some days (occasionally/sometimes)	F	F	F
Not at all	369	64.2	(59.3 – 69.1)
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 574*</b>	<b>100.0</b>	

\* Asked only of respondents who have smoked at least 100 cigarettes in their lifetime

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

**Tobacco – Vehicle (Core)**

**Which of the following best describes the rules or understandings about people smoking in the vehicle YOU drive the most?**

Categories	Frequency	Percent	95% CI
Smoking is not allowed at all	776	80.6	(77.8 – 83.4)
Smoking is allowed sometimes	F	F	F
Smoking is allowed except when children are present	110 <sup>E</sup>	11.4 <sup>E</sup>	(5.5 – 17.3) <sup>E</sup>
Smokers do whatever they want	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 963*</b>	<b>100.0</b>	

\*Excludes respondents who drive motorcycles or do not drive

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

## Waist Circumference (Optional)

Note: Pregnant women were not asked this module

Do you know what your current waistline measurement is? (Converted to inches)

Categories	Frequency	Percent	95% CI
< 35	366	35.3	(30.4 – 40.2)
= 35 – 40	213	20.5	(15.1 – 25.9)
> 40	F	F	F
Don't Know/Refused	406	39.2	(34.5 – 43.9)
<b>Total</b>	<b>n = 1037</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

[Male respondent] What pant or jean size do you usually wear?

Categories	Frequency	Percent	95% CI
28 – 32	97 <sup>E</sup>	20.7 <sup>E</sup>	(12.6 – 28.8) <sup>E</sup>
33 – 36	210	45.0	(38.3 – 51.7)
37 - 42	122	26.1	(18.3 – 33.9)
44 - 58	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 467</b>	<b>100.0</b>	

<sup>E</sup> Due to large sampling variability, estimate should be used with caution (C.V.=16.6-33.3)

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

[Female respondent] What pant or jean size do you usually wear? (It should be noted that self-reported pant size for women may not be as valid as self-reported jean size for men, due to the variation in women's pant sizes across different designers.)

Categories	Frequency	Percent	95% CI
0 - 8	140	24.6	(17.5 – 31.7)
9 – 12	192	33.6	(26.9 – 40.3)
13 – 16	141	24.7	(17.6 – 31.8)
18 - 30	F	F	F
Don't Know/Refused	F	F	F
<b>Total</b>	<b>n = 570</b>	<b>100.0</b>	

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published

How do your pants usually fit around your waist?

Categories	Frequency	Percent	95% CI
Loose	178	18.0	(12.4 – 23.6)
About right/just right	721	72.8	(69.6 – 76.0)
Tight/snug	F	F	F
Don't Know	F	F	F
<b>Total</b>	<b>n = 991*</b>	<b>100.0</b>	

\*Not asked of respondents who refused or did not know their pant/jean size.

F Due to high sampling variability (C.V. greater than 33.3) the estimate is too unreliable to be published