



# Rapid Risk Factor Surveillance System (RRFSS)

## 2012 Annual Summary Report



Prepared for the Leeds, Grenville & Lanark District Health Unit  
by the Institute for Social Research, York University

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# 1 INTRODUCTION

## 1.1 Background

The Rapid Risk Factor Surveillance System (RRFSS) is an ongoing telephone survey designed to monitor trends in health risk behaviours in public health units across Ontario. RRFSS started as a collaborative effort by three health units in 2001. In 2012, 18 health units participated in RRFSS. Over time, new modules (sets of questions) have been developed according to public health priorities, emerging local issues, to support the planning and evaluation of programs and services, or to fulfill The Ontario Public Health Standards (OPHS) and Protocols requirement. The Leeds, Grenville & Lanark District Health Unit has participated in RRFSS since 2003.

For more information on RRFSS, visit the website at <http://www.rfss.ca>. For more information on the RRFSS data collection, please refer to the 2012 RRFSS Technical Documentation.

## 1.2 Methodology

All interviewing was completed from York University's Institute for Social Research's centralized telephone facilities using Computer Assisted Telephone Interviewing (CATI) techniques.

The sample for RRFSS is designed to represent the adult population of the Leeds, Grenville & Lanark District Health Unit's service area (adults 18 years of age or older who speak English and reside in private households). List-assisted random digit dialing (RDD) procedures are utilized to select households and, within households, the most recent birthday selection method was used to select the adult to be interviewed.

The RRFSS survey consists of two types of modules – 'Core' and 'Optional'. Core modules are asked by all RRFSS participating health units for the year. Optional modules are selected by Health Units and may change each cycle of data collection. The Optional modules chosen by Leeds, Grenville & Lanark address health unit priorities and provide additional information about the health status and service needs of the adult population of the health unit. Responses to Core and Optional modules selected by the Leeds, Grenville & Lanark District Health Unit are provided in this set of summary tables.

## 2 RESULTS

### 2.1 Introduction

In 2012, 1,031 adults in Leeds, Grenville & Lanark participated in the RRFSS survey. Most of the summary tables will total to 1,031. However, the denominator (total frequency) in some tables will be different. Totals will be less than 1,031 when a question was asked for one or two cycles rather than the entire year or when a question is only asked of a sub-group of the population (for example, women, current drivers, etc.). The table will total more than 1,031 when respondents are able to provide more than one answer, for example, when asked about how to prevent and eliminate bed bugs from the home. The results in the report are presented alphabetically by topic, not by the order in which they were asked during the interview.

### 2.2 Methodology

Data from the 2012 RRFSS were tabulated using Complex Analysis Procedures in IBM SPSS Statistics Version 21.

The data collected is a sample of the population and it is necessary to weight the data to correct for unequal probabilities of selection based on household size. The probability of an adult being selected for an interview varies inversely with the number of people living in that household. Weights correct for inequality in selection within the household. The application of these weights to the data means that the results are more representative of the Leeds, Grenville & Lanark population.

Estimates are presented with 95% Confidence Intervals (C.I.) as well as the upper and lower limits of the interval. These C.I.'s indicate that there is a 95% probability that the true measure would fall within the upper and lower limits of the interval if the entire population of Leeds, Grenville and Lanark had been included in the survey (for 19 out of 20 similarly collected samples),

Another indicator used in this report is the Coefficient of Variation (C.V.). The C.V. represents the ratio of the standard deviation to the mean, and is a useful statistic for evaluating how much variability there is in the data. The smaller the C.V., the less variability there is and the closer the estimate is to the actual value. The higher the C.V., the more variability there is in the data. Data presented in this report with the symbol <sup>a</sup> (superscript) indicates that the estimate may be released, but has a high coefficient of variation and must be interpreted with caution. The symbol <sup>b</sup> indicates the estimate is too unreliable to be published and most likely invalid due to high variability (typically resulting from a small number of observations in the answer category).

## 2.3 Bed Bugs

### Bed Bugs – In the Home

#### Have you read, seen or heard anything about bed bugs?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	87.3%	84.9%	89.3%	.013	895
No	12.7%	10.6%	15.0%	.088	135
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

#### In the past 12 months, have there been any bed bugs in your home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	.1%	.0%	.4%	1.001 <sup>b</sup>	1
No	99.3%	98.5%	99.7%	.003	889
Don't know	.5%	.2%	1.3%	.529 <sup>b</sup>	4
Refused	.1%	.0%	.8%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>895</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

#### How concerned are you about bed bugs getting into your home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Very concerned	24.9%	22.0%	28.1%	.062	226
Somewhat concerned	22.2%	19.4%	25.2%	.067	192
Not very concerned	27.6%	24.6%	30.8%	.057	242
Not at all concerned	24.8%	21.9%	27.9%	.061	228
Don't know	.5%	.2%	1.1%	.433 <sup>b</sup>	6
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>894</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## Bed Bugs – Knowledge

### How would you stop bed bugs from getting into your home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Clean up, wash	23.7%	21.1%	26.6%	.060	240
Vacuuming	6.9%	5.1%	9.2%	.149	47
Seal crack and crevices	1.4%	.7%	2.8%	.340 <sup>b</sup>	9
Don't bring in used furniture/mattresses	8.3%	6.3%	10.8%	.137	56
Check/inspect luggage	30.6%	27.0%	34.4%	.062	203
Check/inspect 2nd hand clothing	5.6%	4.1%	7.8%	.166 <sup>a</sup>	39
Tell landlord/tenants to clean up	1.1%	.6%	2.1%	.334 <sup>b</sup>	11
Hotel/motel habits	8.7%	6.7%	11.2%	.132	60
Sprays and chemicals	6.2%	4.4%	8.6%	.169 <sup>a</sup>	39
Other (specify)	16.2%	13.5%	19.3%	.091	114
<b>Total</b>					<b>809*</b>

\* Respondents were able to give multiple answers

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### How would you check for bed bugs in your home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Check mattress and bedding	51.0%	47.8%	54.3%	.032	521
Look in cracks and crevices	21.4%	18.6%	24.5%	.070	178
Use a flashlight	4.8%	3.5%	6.5%	.160	40
Force them out of hiding places	.1%	.0%	.5%	1.001 <sup>b</sup>	1
Call pest control/exterminator	1.9%	1.1%	3.1%	.258 <sup>a</sup>	17
Look for evidence of bites	33.9%	30.6%	37.4%	.052	278
Inspect/look around in general	2.1%	1.3%	3.2%	.224 <sup>a</sup>	22
Other (specify)	5.0%	3.6%	6.9%	.164	41
<b>Total</b>					<b>1098*</b>

\* Respondents were able to give multiple answers

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### How would you get rid of bed bugs in your home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Hire pest control/exterminator	36.0%	32.9%	39.1%	.044	380
Clean up, wash	24.3%	21.2%	27.6%	.067	187
Vacuum mattress, carpet	8.3%	6.5%	10.5%	.122	67
Discard mattress, furniture	15.6%	13.1%	18.4%	.087	126
Use bug spray/chemical treatment	18.2%	15.6%	21.1%	.077	157
Research via internet/call Health Unit, etc.	6.9%	5.3%	9.0%	.136	54
Other (specify)	4.6%	3.3%	6.4%	.168 <sup>a</sup>	37
<b>Total</b>					<b>1008*</b>

\* Respondents were able to give multiple answers

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### Do you think that bed bugs have an effect on human health?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	80.3%	77.7%	82.8%	.016	826
No	7.1%	5.6%	9.1%	.122	71
Don't know	12.4%	10.5%	14.7%	.086	133
Refused	.1%	.0%	.7%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### What types of effects do you think bed bugs have on human health?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Bites, skin problems	55.7%	51.7%	59.6%	.036	382
Allergic reactions	8.3%	6.2%	10.8%	.141	53
Spread disease	27.6%	24.5%	30.9%	.058	241
Mental health issues	21.0%	17.9%	24.4%	.079	143
Disturbs sleep	.6%	.2%	1.8%	.529 <sup>b</sup>	4
Other (specify)	8.1%	6.1%	10.6%	.141	53
<b>Total</b>					<b>876*</b>

\* Respondents were able to give multiple answers

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published



## Bed Bugs – Pest Control Services

Has a pest control company come to inspect or treat your home for bedbugs in the past 12 months?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	.2%	.0%	1.0%	.790 <sup>b</sup>	2
No	99.6%	99.0%	99.9%	.002	1026
Don't know	.1%	.0%	.4%	.707 <sup>b</sup>	2
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## Bed Bugs – Information

In the past 12 months have you looked for information on bed bugs?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	16.8%	14.5%	19.4%	.075	169
No	82.8%	80.2%	85.2%	.015	859
Don't know	.3%	.1%	1.1%	.720 <sup>b</sup>	2
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

Have you seen or heard anything about the website called bedbugsinfo.ca?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	6.4%	4.5%	8.9%	.175	35
No	92.5%	89.8%	94.5%	.013	519
Don't know	1.1%	.5%	2.5%	.434 <sup>b</sup>	6
Refused	.1%	.0%	.7%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>561</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### Have you ever visited this website?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	18.2%	7.1%	39.4%	.448 <sup>b</sup>	5
No	81.8%	60.6%	92.9%	.100	30
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>35</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.4 Body Mass Index (BMI) (CORE)

### Body Mass Index (BMI)

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Underweight (<18.5)	1.4%	.8%	2.4%	.273 <sup>a</sup>	14
Acceptable weight (18.5 - 24.9)	35.4%	32.3%	38.7%	.047	341
Overweight (25.0 - 29.9)	40.0%	36.7%	43.3%	.042	384
Obese (>= 30.0)	23.2%	20.4%	26.2%	.063	215
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>954</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

\* Not asked if pregnant or if height is don't know, refused, <3 feet or >6 feet 11 inches.

## 2.5 Cell Phone Use and Text messaging While Driving (CORE)

Do you have a cell phone, Smartphone, tablet or any other mobile or wireless device that you use for phone calls, text messaging or email?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	78.1%	75.3%	80.7%	.018	711
No	21.8%	19.2%	24.6%	.064	229
Don't know	.1%	.0%	.8%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>941</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**How often in a typical week do you talk on a cell phone or other mobile phone device while driving?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every time you drive	2.0%	1.2%	3.2%	.257 <sup>a</sup>	16
Most times when you drive	3.6%	2.4%	5.5%	.215 <sup>a</sup>	22
Sometimes when you drive	9.3%	7.3%	11.9%	.127	62
Seldom when you drive	16.4%	13.7%	19.5%	.090	115
Only talk on the phone/device when pulled over to the side of the road	1.6%	.9%	2.8%	.286 <sup>a</sup>	14
Never	66.9%	63.1%	70.4%	.028	480
Do not have a cell phone	.1%	.0%	.5%	1.001 <sup>b</sup>	1
Don't know	.1%	.0%	1.0%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>711</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**And when you talk or use your phone while driving, do you use a hands-free mode?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every time	48.7%	41.8%	55.7%	.073	109
Most times	19.9%	14.7%	26.3%	.149	39
Sometimes	8.3%	5.0%	13.4%	.251 <sup>a</sup>	16
Seldom	5.1%	2.7%	9.5%	.325 <sup>a</sup>	10
Never	18.0%	13.4%	23.8%	.147	41
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>215</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**How often, in a typical week, do you send or read a text-message while driving?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every time you drive	.1%	.0%	1.0%	1.000 <sup>b</sup>	1
Most times when you drive	1.4%	.7%	2.8%	.366 <sup>b</sup>	8
Sometimes when you drive	2.0%	1.2%	3.5%	.283 <sup>a</sup>	13
Seldom when you drive	7.9%	6.0%	10.2%	.133	56
Never	88.4%	85.7%	90.7%	.014	631
Do not have a cell phone	.1%	.0%	.5%	1.001 <sup>b</sup>	1
Don't know	.1%	.0%	.5%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>711</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.6 Country of Birth & Immigration Status (CORE)

### In what country were you born?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Canada	90.0%	88.0%	91.8%	.011	921
Germany	1.1%	.6%	2.0%	.293 <b>a</b>	12
India	.3%	.1%	1.3%	.744 <b>b</b>	2
Italy	.1%	.0%	.7%	1.000 <b>b</b>	1
Netherlands/Holland	1.0%	.5%	1.8%	.301 <b>a</b>	12
Philippines	.1%	.0%	.4%	1.001 <b>b</b>	1
United Kingdom (England, Scotland, Ireland, Wales, Great Britain)	4.3%	3.2%	5.8%	.152	48
United States of America	1.4%	.8%	2.4%	.273 <b>a</b>	15
Vietnam	.1%	.0%	.7%	1.000 <b>b</b>	1
France	.3%	.1%	1.0%	.663 <b>b</b>	3
Other (specify)	.9%	.5%	1.6%	.316 <b>a</b>	11
Don't know	.2%	.1%	.8%	.707 <b>b</b>	2
Refused	.2%	.0%	.7%	.745 <b>b</b>	2
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### In what year did you first come to Canada to live?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
1993 to 2013	10.9%	5.9%	19.3%	.305 <sup>a</sup>	10
1973 to 1992	21.7%	14.5%	31.2%	.196 <sup>a</sup>	23
Before 1973	67.4%	57.2%	76.2%	.072	73
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>106</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

## 2.7 Driving Status (CORE)

In the past 12 months have you driven a motor vehicle?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	92.5%	90.7%	94.0%	.009	943
No	7.5%	6.0%	9.3%	.111	88
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

In a typical week, how many days do you drive a car or other motor vehicle?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every day/7 days a week	51.3%	47.9%	54.7%	.034	479
About 5 or 6 days a week	23.6%	20.9%	26.6%	.062	224
A couple of days a week/2-4 days a week	18.9%	16.4%	21.6%	.071	187
About once a week/1 day a week	4.2%	3.0%	5.9%	.174 <sup>a</sup>	37
Less than once a week	1.6%	.9%	2.8%	.292 <sup>a</sup>	13
Do not drive/no longer drive	.3%	.1%	1.4%	.823 <sup>b</sup>	2
Don't know	.1%	.0%	.8%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>943</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.8 Dwelling Type

What type of dwelling do you live in?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Detached house	86.7%	84.4%	88.6%	.012	870
Semi-detached house	3.2%	2.2%	4.6%	.186 <sup>a</sup>	32
Attached house (townhouse)	2.6%	1.7%	3.7%	.195 <sup>a</sup>	28
Apartment building/condo building	5.4%	4.2%	6.9%	.126	73
Mixed use building	.1%	.0%	.7%	1.000 <sup>b</sup>	1
Retirement/nursing home/seniors' complex	.4%	.2%	.8%	.354 <sup>b</sup>	8
Other (specify)	.9%	.5%	1.7%	.293 <sup>a</sup>	13
Don't know	.7%	.3%	1.8%	.491 <sup>b</sup>	5
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Is this dwelling:**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Owned	90.8%	88.9%	92.4%	.010	913
Rented/Leased	8.7%	7.1%	10.5%	.099	112
Don't know	.2%	.1%	.8%	.707 <sup>b</sup>	2
Refused	.3%	.1%	.9%	.527 <sup>b</sup>	4
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.9 Falls (Core)

**Have you had a fall in the last 12 months?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	21.6%	19.1%	24.4%	.063	230
No	77.9%	75.1%	80.5%	.018	797
Don't know	.4%	.1%	1.2%	.588 <sup>b</sup>	3
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Did your fall result in an injury that was serious enough to make it difficult to walk, get dressed, go to work, or do most of the things you normally do?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	29.4%	23.5%	36.0%	.108	68
No	70.4%	63.7%	76.2%	.045	161
Refused	.2%	.0%	1.7%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>230</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.10 General Health (CORE)

Would you say your general health is:

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Excellent	20.0%	17.5%	22.8%	.067	197
Very good	34.9%	31.9%	38.0%	.045	354
Good	30.3%	27.4%	33.4%	.050	313
Fair	10.1%	8.4%	12.2%	.095	118
Poor	4.4%	3.2%	5.9%	.155	47
Don't know	.3%	.1%	1.1%	.720 <sup>b</sup>	2
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.11 Hand Hygiene Awareness

How often do you make the decision about what type of hand soap or sanitizers to buy?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	50.5%	47.2%	53.7%	.033	558
Most of the time	12.7%	10.7%	15.0%	.087	127
Often	8.8%	7.1%	10.8%	.109	82
Seldom	10.2%	8.3%	12.4%	.102	93
Never	16.7%	14.3%	19.3%	.077	157
Don't know	1.2%	.7%	2.2%	.303 <sup>a</sup>	13
Refused	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

How often do you buy antibacterial soap rather than regular soap for hand washing at home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	23.1%	20.0%	26.4%	.070	177
Most of the time	17.0%	14.3%	20.0%	.087	125
Often	11.7%	9.5%	14.4%	.105	87
Seldom	19.2%	16.4%	22.4%	.081	138
Never	25.7%	22.6%	29.0%	.064	210
Respondent volunteers buy both regular & antibacterial, depends on need, etc.	1.7%	1.0%	2.9%	.283 <sup>a</sup>	14
Don't know	1.7%	1.0%	2.8%	.263 <sup>a</sup>	16
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>767</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**What is the most important reason you buy antibacterial hand soap?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Kills bacteria/germs better than plain soap	55.1%	50.6%	59.5%	.041	299
To help prevent colds and the flu	8.2%	6.0%	11.1%	.157	42
Cheaper than plain hand soap	3.6%	2.3%	5.7%	.235 <sup>a</sup>	19
More product choices than for antibacterial soap	1.0%	.4%	2.5%	.467 <sup>b</sup>	5
Because it comes in a pump	1.7%	.9%	3.3%	.345 <sup>b</sup>	9
Other (specify)	24.5%	20.8%	28.5%	.080	131
Don't know	6.0%	4.2%	8.4%	.173 <sup>a</sup>	36
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>541</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**On an average day, how many times do you wash your hands with soap and water?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
1 to 5 times	21.6%	18.0%	25.5%	.088	117
6 to 10 times	37.4%	33.2%	41.8%	.059	202
11 to 15 times	15.1%	12.1%	18.6%	.109	79
16 times or more	19.8%	16.5%	23.5%	.091	107
Don't know	6.2%	4.4%	8.7%	.177 <sup>a</sup>	36
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>541</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**When you wash your hands, for how many seconds should you rub them together?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
1 to 10 seconds	26.9%	24.1%	29.9%	.055	275
11 to 20 seconds	24.1%	21.4%	27.0%	.059	245
21 to 30 seconds	22.4%	19.7%	25.2%	.063	220
31 to 40 seconds	1.1%	.6%	2.0%	.296 <sup>a</sup>	12
41 to 50 seconds	1.5%	.9%	2.6%	.276 <sup>a</sup>	15
51 to 60 seconds	8.7%	7.1%	10.7%	.105	89
61 or more seconds	3.9%	2.8%	5.2%	.157	44
Don't know	11.4%	9.5%	13.5%	.089	130
Refused	.1%	.0%	.7%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published



**When you get hand sanitizers, do you look at the percent of alcohol before you get it?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	24.1%	21.0%	27.6%	.069	176
No	60.1%	56.4%	63.8%	.031	462
Respondent volunteers do not buy hand sanitizers	14.5%	12.1%	17.3%	.091	119
Don't know	.9%	.4%	2.1%	.398 <sup>b</sup>	7
Refused	.3%	.1%	1.0%	.612 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>767</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**What percentage of alcohol is in the hand sanitizer, that you get most often?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
25 percent or less	7.8%	4.4%	13.6%	.290 <sup>a</sup>	13
26 to 50 percent	3.6%	1.6%	8.0%	.417 <sup>b</sup>	6
51 to 75 percent	17.7%	12.3%	24.8%	.180	29
More than 75 percent	29.1%	22.5%	36.8%	.125	50
Don't know	41.7%	34.3%	49.6%	.094	78
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>176</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Do you have a hand sanitizer with you:**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	18.8%	16.4%	21.5%	.068	200
Most of the time	17.0%	14.7%	19.6%	.073	172
Some of the time	17.4%	15.0%	20.1%	.073	170
Seldom	12.0%	9.9%	14.4%	.094	115
Never	34.5%	31.5%	37.6%	.045	371
Don't know	.3%	.1%	.8%	.600 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Are hand sanitizers usually available in public locations where you want to use them?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	88.5%	86.3%	90.4%	.012	911
No	9.0%	7.3%	11.1%	.107	90
Don't know	2.5%	1.7%	3.6%	.192 <sup>a</sup>	30
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**Where were you the last time you wanted to use hand sanitizers, gels or foam and none of them were available?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Specify place	83.8%	74.6%	90.2%	.047	74
Don't know	16.2%	9.8%	25.4%	.243 <sup>a</sup>	16
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>90</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

## 2.12 Lyme Disease

### Lyme Disease – Awareness

**Have you ever read, seen or heard anything about Lyme disease?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	88.5%	85.7%	90.8%	.015	613
Qualified Yes	3.0%	1.9%	4.5%	.214 <sup>a</sup>	25
No	8.4%	6.4%	11.0%	.138	55
Don't know	.2%	.0%	1.1%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>694</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – December only

**People get Lyme disease from:**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Ticks / tick bites	76.5%	72.8%	79.8%	.023	483
Other insect bites	6.8%	4.9%	9.2%	.161	42
Bacteria / virus / germs	0%	0%	0%	0	0
Blood	.1%	.0%	.7%	1.001	1
Other (specify)	7.3%	5.3%	10.0%	.162	41
<b>Total</b>					<b>567*</b>

\* Asked from May – December only

\* Respondent were able to give multiple answers

**Early symptoms of Lyme disease:**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Red rash	21.7%	18.4%	25.3%	.081	134
Circular / bull's eye rash	35.1%	30.4%	40.1%	.070	145
Tired / fatigue	15.1%	11.7%	19.2%	.125	62
Fever or chills	16.3%	12.8%	20.4%	.118	68
Muscle / joint pain	11.6%	8.6%	15.3%	.146	46
Swollen lymph nodes	4.3%	2.7%	6.8%	.239 <sup>a</sup>	19
Flu-like symptoms	18.9%	15.2%	23.2%	.108	80
Other (specify)	12.1%	9.2%	15.7%	.137	54
<b>Total</b>					<b>608*</b>

\* Asked from May – December only

\* Respondent were able to give multiple answers

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**During the past spring or summer, would you say you were at high risk, medium risk, low risk or no risk of getting Lyme disease?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
High risk	22.6%	19.3%	26.2%	.078	145
Medium risk	20.5%	17.3%	24.0%	.083	130
Low risk	37.2%	33.3%	41.3%	.055	235
No risk	11.8%	9.3%	14.7%	.116	76
Don't know	8.0%	6.1%	10.5%	.142	52
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>638</b>

\* Asked from May – December only

**If you found a tick attached to your skin, how would you remove it?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Pull it out with tweezers / forceps / other tool	56.4%	52.2%	60.4%	.037	357
Apply heat, salt or alcohol	19.3%	16.1%	23.0%	.092	107
Other (specify)	23.4%	19.9%	27.3%	.081	135
<b>Total</b>					<b>599*</b>

\* Asked from May – December only

\* Respondent were able to give multiple answers

**Did you know that if you find a tick on you, it can be sent for Lyme disease testing?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	65.4%	61.4%	69.2%	.031	413
No	34.4%	30.5%	38.4%	.058	222
Don't know	.3%	.1%	.8%	.578 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>638</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – December only

**Lyme Disease – Personal Protection**

**During the past spring or summer did you spend any time outdoors in grassy fields or woode areas?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	71.9%	68.2%	75.4%	.025	493
No	28.1%	24.6%	31.8%	.065	201
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>694</b>

\* Asked from May – December only

### When in these areas did you take steps to protect yourself from tick bites?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every time	15.1%	12.1%	18.5%	.108	83
Most of the time	23.5%	19.7%	27.8%	.088	110
Some of the time	12.1%	9.4%	15.5%	.127	61
Rarely	12.4%	9.5%	15.9%	.130	58
Never	36.0%	31.6%	40.6%	.064	176
Don't know	.8%	.3%	2.2%	.551 <sup>b</sup>	4
Refused	.2%	.0%	1.5%	.999 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>493</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – December only

### What did you do to protect yourself?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Long pants, long sleeves	75.8%	70.5%	80.4%	.033	231
Pants tucked in / taped	20.4%	16.1%	25.5%	.118	66
Closed footwear, socks	29.3%	24.2%	35.0%	.094	95
Insect repellent	14.5%	10.8%	19.1%	.145	46
DEET	3.5%	1.9%	6.3%	.304	12
Other (specify)	13.1%	9.6%	17.5%	.152	42
<b>Total</b>					<b>492*</b>

\* Asked from May – December only

\* Respondent were able to give multiple answers

### After leaving these areas did you check yourself for ticks?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every time	16.4%	13.2%	20.1%	.108	83
Most of the time	19.3%	15.9%	23.2%	.097	93
Some of the time	14.5%	11.5%	18.2%	.117	69
Rarely	11.3%	8.6%	14.6%	.133	57
Never	38.0%	33.6%	42.7%	.061	188
Don't know	.5%	.2%	1.7%	.599 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>493</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – December only

## 2.13 Pesticides & West Nile Virus

Would you support or oppose the use of pesticides to control the spread of West Nile Virus to people?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Strongly supportive	33.3%	28.1%	38.9%	.083	107
Somewhat supportive	28.8%	24.0%	34.2%	.090	97
Somewhat opposed	16.9%	13.0%	21.7%	.131	56
Strongly opposed	12.7%	9.6%	16.8%	.144	47
It depends	3.3%	1.9%	5.8%	.288 <sup>a</sup>	13
Don't know what WNV is	.2%	.0%	1.2%	1.001 <sup>b</sup>	1
Don't know	4.6%	2.6%	8.1%	.291 <sup>a</sup>	14
Refused	.2%	.0%	1.2%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>336</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from September – December only

## 2.14 Reproductive Health (CORE)

Are you pregnant?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	2.5%	1.0%	6.0%	.449 <sup>b</sup>	5
No (includes do not think so, etc.)	97.5%	94.0%	99.0%	.012	208
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>213</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked only of female respondents ages 18-49 who have not had a hysterectomy

## 2.15 Sociodemographics (CORE)

### Age

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
18-24	3.9%	2.6%	5.8%	.206	24
25-44	21.3%	18.8%	24.0%	.063	211
45-64	46.5%	43.2%	49.7%	.036	467
65+	27.6%	24.9%	30.5%	.052	321
Don't know/Refused	.8%	.4%	1.7%	.374 <sup>b</sup>	8
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

### Gender

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Male	38.9%	35.8%	42.1%	.042	394
Female	61.1%	57.9%	64.2%	.026	637
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

### Marital Status

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Married	65.5%	62.4%	68.5%	.024	596
Living with a partner/common law	7.3%	5.8%	9.2%	.119	69
Widowed	7.7%	6.4%	9.3%	.095	127
Divorced	6.7%	5.4%	8.3%	.111	96
Separated	2.9%	2.1%	4.1%	.171 <sup>a</sup>	41
Never been married	9.3%	7.5%	11.6%	.111	96
Don't know	.1%	.0%	.4%	.707 <sup>b</sup>	2
Refused	.4%	.1%	1.2%	.529 <sup>b</sup>	4
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Do you have any children in your household aged 17 or younger?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	25.7%	22.9%	28.6%	.057	243
No	74.3%	71.4%	77.1%	.020	788
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

**How many children 17 years or younger, live in your household?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
1 child	36.0%	29.9%	42.5%	.089	88
2 children	45.9%	39.5%	52.5%	.072	110
3 children	13.2%	9.5%	18.1%	.165	34
4 children	3.3%	1.5%	6.8%	.379 <sup>b</sup>	7
5 children	1.2%	.4%	3.7%	.574 <sup>b</sup>	3
Refused	.4%	.1%	2.8%	.999 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>243</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**What is the highest level of education you have obtained?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Less than High School	10.2%	8.4%	12.3%	.096	114
High School or more	29.7%	26.8%	32.7%	.051	309
Post-secondary graduate	59.6%	56.4%	62.7%	.027	601
Don't know/Refused	.5%	.2%	1.1%	.399 <sup>b</sup>	7
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published



## Employment Status

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Employed for wages	42.8%	39.5%	46.0%	.039	409
Self-employed	10.0%	8.2%	12.1%	.100	99
Out of work for less than 1 year	3.3%	2.3%	4.9%	.195 <sup>a</sup>	28
Out of work for more than 1 year	1.9%	1.1%	3.1%	.252 <sup>a</sup>	18
Taking care of family (family & part-time)	2.0%	1.3%	3.2%	.226 <sup>a</sup>	21
Student (student & part-time)	1.3%	.6%	2.5%	.351 <sup>b</sup>	10
Retired (retired & part-time)	33.0%	30.1%	36.0%	.046	383
Unable to work (includes on disability)	5.0%	3.7%	6.6%	.144	54
Other	.4%	.2%	1.1%	.499 <sup>b</sup>	4
Don't know	.2%	.0%	.7%	.745 <sup>b</sup>	2
Refused	.3%	.1%	.8%	.600 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## Household income before taxes (as of December 31<sup>st</sup> 2011)

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Less than \$30,000	11.3%	9.6%	13.4%	.085	147
\$30,000-\$69,999	27.8%	25.0%	30.8%	.053	291
\$70,000-\$99,999	15.7%	13.5%	18.3%	.079	146
\$100,000 or more	17.8%	15.4%	20.5%	.073	166
Don't know/Refused	27.3%	24.5%	30.3%	.055	281
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

## What language do you speak most often at home?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
English	98.3%	97.3%	99.0%	.004	1014
French	.8%	.4%	1.6%	.341	9
Urdu	.1%	.0%	.7%	1.000 <sup>b</sup>	1
Vietnamese	.1%	.0%	.7%	1.000 <sup>b</sup>	1
German	.1%	.0%	.7%	1.000 <sup>b</sup>	1
Romanian	.1%	.0%	.7%	1.000 <sup>b</sup>	1
Other/more than one language	.3%	.1%	1.1%	.623 <sup>b</sup>	3
Refused	.1%	.0%	.7%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.16 Sodium

### Sodium – Reduction

#### Do you watch your salt or sodium intake on a regular basis?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	77.1%	74.2%	79.7%	.018	803
No	22.6%	20.0%	25.5%	.062	225
Don't know	.3%	.1%	1.1%	.623 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**Best way to reduce amount of salt or sodium:**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Look at Nutrition Facts Labels on food	23.5%	20.8%	26.4%	.061	230
Do not add salt at the table	41.6%	38.4%	44.9%	.040	423
Buy or eat low salt and low sodium foods	12.2%	10.1%	14.5%	.091	120
Do not add salt when cooking	34.3%	31.3%	37.5%	.046	356
Use spices other than salt when cooking	3.5%	2.5%	4.8%	.168	37
Avoid eating out	3.5%	2.5%	4.9%	.174	35
Avoid/Minimize prepared/processed/ canned food	36.7%	33.6%	39.9%	.043	379
Other (specify)	12.0%	10.1%	14.4%	.091	122
<b>Total</b>					<b>1702*</b>

\* Respondents were able to give multiple answers

**Do you know if there are specific guidelines on how much salt or sodium you should eat or drink every day?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	71.8%	68.8%	74.6%	.021	721
No	22.1%	19.5%	24.8%	.062	239
Don't know	6.2%	4.8%	7.9%	.126	71
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

**Sodium – Consumption**

**In the last week, how often did you eat prepared frozen meals or meats?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	1.5%	.9%	2.6%	.276 <sup>a</sup>	16
3-4 times	6.7%	5.3%	8.5%	.123	70
1-2 times	39.3%	36.2%	42.5%	.041	393
Never	52.1%	48.8%	55.3%	.032	549
Don't know	.4%	.1%	1.3%	.653 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**In the last week, how often did you eat canned foods?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	4.4%	3.2%	5.9%	.156	44
3-4 times	14.3%	12.1%	16.7%	.082	142
1-2 times	47.4%	44.2%	50.6%	.035	483
Never	33.4%	30.4%	36.5%	.046	355
Don't know	.6%	.3%	1.2%	.396 <sup>b</sup>	7
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**How often do you choose low sodium/low salt OR no sodium/no salt canned foods when these options are available to you?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	29.4%	25.9%	33.3%	.064	196
Most of the time	25.8%	22.5%	29.5%	.069	171
Some of the time	24.1%	20.8%	27.7%	.073	161
Never	17.0%	14.2%	20.3%	.091	115
Do not buy canned foods	1.7%	.9%	3.0%	.310 <sup>a</sup>	12
Don't know	2.0%	1.1%	3.5%	.288 <sup>a</sup>	14
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>669</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**In the last week, how often did you eat processed meats?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	4.6%	3.4%	6.1%	.149	46
3-4 times	11.8%	9.9%	14.1%	.090	119
1-2 times	51.0%	47.7%	54.2%	.032	517
Never	32.6%	29.6%	35.7%	.048	349
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

**In the last week, how often did you eat prepackaged mixes for pasta or potatoes or rice or stuffing?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	1.8%	1.1%	2.9%	.251 <sup>a</sup>	17
3-4 times	5.7%	4.4%	7.5%	.134	59
1-2 times	28.0%	25.1%	31.0%	.054	279
Never	64.2%	61.0%	67.3%	.025	672
Don't know	.3%	.1%	1.0%	.577 <sup>b</sup>	4
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**In the last week, how often did you eat hot or cold cereal?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	28.8%	26.0%	31.8%	.052	306
3-4 times	17.7%	15.4%	20.4%	.072	178
1-2 times	20.3%	17.8%	23.0%	.065	212
Never	33.0%	30.0%	36.2%	.048	333
Don't know	.2%	.1%	.8%	.707 <sup>b</sup>	2
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**On average, often per day do you eat breads or other bread-like products?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
5 or more times	9.4%	7.7%	11.5%	.102	100
3-4 times	10.0%	8.2%	12.1%	.099	102
1-2 times	72.8%	69.8%	75.6%	.020	745
Never	7.4%	5.9%	9.3%	.116	80
Don't know	.4%	.1%	1.2%	.529 <sup>b</sup>	4
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**On average, how often per meal do you eat ketchup, soy sauce or any other sauce to add flavour?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	7.0%	5.5%	9.0%	.124	71
Most of the time	13.1%	11.0%	15.5%	.087	130
Some of the time	73.5%	70.5%	76.3%	.020	762
Never	5.8%	4.5%	7.6%	.133	63
Don't know	.5%	.2%	1.3%	.468 <sup>b</sup>	5
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## Sodium – Food Labels

**How often do you buy groceries for yourself or your household?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	47.8%	44.5%	51.0%	.035	544
Most of the time	20.9%	18.4%	23.7%	.065	200
Some of the time	17.9%	15.4%	20.6%	.074	164
Rarely or Never	13.2%	11.1%	15.7%	.088	121
Don't know	.1%	.0%	.7%	1.000 <sup>b</sup>	1
Refused	.1%	.0%	.7%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**When you buy foods that you do not buy regularly, how often do you read the Nutrition Facts Label on the package?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	40.5%	37.2%	44.0%	.043	365
Most of the time	26.6%	23.6%	29.8%	.059	236
Some of the time	20.3%	17.6%	23.2%	.070	186
Rarely or Never	12.2%	10.1%	14.6%	.094	117
Don't know	.4%	.1%	1.2%	.552 <sup>b</sup>	4
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>908</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**What about foods that you buy regularly, how often do you read the Nutrition facts Label on the package?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	17.8%	15.3%	20.7%	.076	159
Most of the time	19.0%	16.5%	21.9%	.072	175
Some of the time	38.3%	34.9%	41.7%	.045	342
Rarely or Never	23.6%	20.8%	26.7%	.063	222
Don't know	.9%	.4%	2.0%	.414 <sup>b</sup>	7
Refused	.4%	.1%	1.2%	.623 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>908</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**On the Nutrition Facts Label, do you usually look for the amount of a nutrient in grams or milligrams, the percent daily value, or both?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Amount in grams or milligrams	17.6%	15.0%	20.6%	.081	140
% Daily Value	16.1%	13.5%	19.0%	.086	128
Both	58.2%	54.6%	61.8%	.032	466
Something else (specify)	2.6%	1.7%	4.0%	.217 <sup>b</sup>	24
Neither	3.6%	2.5%	5.1%	.183 <sup>b</sup>	33
Don't know	1.9%	1.1%	3.3%	.271 <sup>b</sup>	17
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>808</b>

<sup>b</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

**How often, if ever, do you choose the foods that you eat based on how much salt or sodium is in the food?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	18.4%	16.1%	21.0%	.069	199
Most of the time	27.3%	24.5%	30.3%	.054	275
Some of the time	30.2%	27.4%	33.3%	.050	314
Rarely or Never	23.1%	20.5%	26.0%	.061	236
Don't know	.9%	.4%	1.9%	.401 <sup>b</sup>	7
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**How often, if ever, do you choose the foods that you eat based on how many calories are in the food?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	12.0%	10.0%	14.3%	.090	124
Most of the time	23.4%	20.7%	26.2%	.059	245
Some of the time	38.4%	35.2%	41.6%	.042	384
Rarely or Never	25.6%	22.9%	28.5%	.056	271
Don't know	.6%	.2%	1.3%	.435 <sup>b</sup>	6
Refused	.1%	.0%	.7%	1.000 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**How often, if ever, do you choose the foods that you eat based on how much fat is in the food?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	19.4%	17.0%	22.1%	.067	206
Most of the time	28.4%	25.5%	31.4%	.052	294
Some of the time	31.7%	28.7%	34.8%	.049	322
Rarely or Never	19.3%	16.9%	22.1%	.068	198
Don't know	1.1%	.6%	2.2%	.326 <sup>b</sup>	11
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)



**How often, if ever, do you choose the foods that you eat based on how much fibre is in the food?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
All of the time	14.9%	12.7%	17.3%	.080	154
Most of the time	22.9%	20.3%	25.8%	.060	237
Some of the time	39.1%	36.0%	42.3%	.041	397
Rarely or Never	21.9%	19.4%	24.7%	.062	230
Don't know	1.1%	.6%	2.0%	.293 <sup>a</sup>	13
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

## 2.17 Sun Safety (Core)

**In the last twelve months, has any part of your body been sunburned?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	32.8%	29.8%	36.0%	.048	311
No	66.9%	63.7%	69.9%	.024	717
Don't know	.3%	.1%	1.1%	.623 <sup>b</sup>	3
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

**How often do you avoid being in the sun between 11 am and 4 pm?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	13.5%	10.1%	17.9%	.145	49
Often	31.4%	26.5%	36.7%	.083	116
Sometimes	22.7%	18.4%	27.6%	.102	84
Rarely	14.1%	10.6%	18.7%	.145	46
Never	16.8%	13.0%	21.3%	.126	58
Don't know	1.5%	.6%	3.6%	.466 <sup>b</sup>	5
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>358</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – August only

**How often do you wear sunglasses with UV (ultra violet) protection when in the sun?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	44.8%	39.4%	50.3%	.063	164
Often	21.5%	17.3%	26.4%	.108	76
Sometimes	13.0%	9.5%	17.4%	.154	43
Rarely	6.3%	4.1%	9.6%	.217 <sup>a</sup>	23
Never	13.1%	9.8%	17.3%	.146	47
Don't know	1.3%	.5%	3.4%	.481 <sup>b</sup>	5
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>358</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

\* Asked from May – August only

**How often do you wear protective clothing, including a hat, when in the sun?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	28.9%	24.1%	34.1%	.089	104
Often	23.9%	19.5%	28.8%	.100	87
Sometimes	17.2%	13.5%	21.8%	.123	62
Rarely	11.9%	8.8%	16.0%	.153	43
Never	18.1%	14.1%	22.9%	.124	62
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>358</b>

\* Asked from May – August only

**How often do you use sun screen?**

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Always	22.1%	17.8%	27.1%	.107	77
Often	18.6%	14.6%	23.3%	.119	63
Sometimes	16.5%	12.8%	20.9%	.124	63
Rarely	15.6%	12.0%	20.1%	.132	54
Never	27.2%	22.6%	32.4%	.092	101
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>358</b>

\* Asked from May – August only

## 2.18 Tanning Equipment (CORE)

During the past 12 months have you used any artificial tanning equipment such as a tanning bed, sunlamp or tanning light for any reason including medical reasons?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	4.1%	2.9%	5.7%	.171 <sup>a</sup>	38
Yes, but for medical reasons	.1%	.0%	.4%	1.001 <sup>b</sup>	1
No	95.8%	94.2%	97.0%	.007	991
Don't know	.1%	.0%	.4%	1.001 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

In the past 12 months, how many times have you used artificial tanning equipment?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
One to five times	30.4%	16.7%	48.7%	.276 <sup>a</sup>	11
Six to ten	20.3%	10.5%	35.6%	.316 <sup>a</sup>	9
Eleven to fifteen	21.5%	10.5%	39.0%	.339 <sup>b</sup>	8
More than fifteen times	25.3%	13.8%	41.8%	.286 <sup>a</sup>	10
Don't know	2.5%	.4%	16.0%	.990 <sup>b</sup>	1
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>39</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

In the past month, how many times have you used artificial tanning equipment?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
None	51.9%	35.1%	68.3%	.169 <sup>a</sup>	21
One to five times	35.1%	20.8%	52.6%	.238 <sup>a</sup>	13
Six to ten	7.8%	1.8%	27.6%	.707 <sup>b</sup>	2
More than 10 times	5.2%	1.3%	18.7%	.692 <sup>b</sup>	2
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>38</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

## 2.19 Tobacco (Core)

### Tobacco – Use by Respondent

Have you smoked at least 100 cigarettes in your life?

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Yes	53.1%	49.9%	56.4%	.031	563
No	46.2%	43.0%	49.5%	.036	461
Don't know	.6%	.3%	1.4%	.407 <sup>b</sup>	7
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>1031</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published

Currently do you smoke cigarettes:

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Every day	27.9%	24.1%	32.0%	.072	160
Some days (occasionally / sometimes)	6.7%	4.7%	9.4%	.177 <sup>a</sup>	34
Not at all	65.5%	61.1%	69.5%	.033	369
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>563</b>

<sup>a</sup> Due to large sampling variability, estimate should be used with caution (C.V.=.166-.333)

### Tobacco – In Vehicle

Which of the following best describes the rules or understandings about people smoking in the vehicle you drive the most:

Categories	Percent	95% Confidence Interval		Coefficient of Variation	Frequency
		Lower	Upper		
Not allowed at all	75.8%	72.7%	78.6%	.020	713
Allowed some of the time	6.2%	4.7%	8.2%	.143	56
Allowed except when children are present	15.0%	12.7%	17.6%	.082	139
Smokers do whatever they want	2.4%	1.6%	3.6%	.202	28
R volunteers: do not drive/no license	.1%	.0%	.4%	1.001 <sup>b</sup>	1
Don't know	.6%	.2%	1.3%	.423 <sup>b</sup>	6
<b>Total</b>	<b>100.0%</b>	<b>100.0%</b>	<b>100.0%</b>	<b>.000</b>	<b>943</b>

<sup>b</sup> Due to high sampling variability (C.V. greater than .333) the estimate is too unreliable to be published



