



Puzzled by Puberty – Part B Answer Sheet

True or False (Mark the sentence 'T' or 'F')

1. Puberty is the period of time when the bodies of males and females develop and become fertile. T
2. In puberty, the pituitary gland releases hormones that stimulate the testicles and the ovaries to produce their own hormones. T
3. The ovaries produce testosterone. F
4. The testicles produce estrogen and progesterone. F
5. Puberty involves emotional and physical changes. T
6. Everyone begins puberty at the same time. F
7. Puberty can cause a boy's voice to deepen. T
8. During puberty, only girls develop pubic hair. F
9. A wet dream is a normal way the body makes room for new sperm. T
10. Females can produce a sperm. F
11. During puberty, a boy's testicles, scrotum and penis grow larger. T
12. During puberty, boys and girls experience an increase in height and weight. T
13. Males have a menstrual cycle. F
14. During puberty a girl's breasts develop and her hips broaden. T
15. An erection is caused by blood filling the blood vessels in the penis. T
16. During puberty, boys and girls grow underarm hair. T
17. Menstruation is the shedding of the lining of the uterus. T
18. Every girl experiences cramps when she menstruates. F
19. In males, the testes produce about 400 million new sperm every day. T
20. Everyone's pattern of development is unique. T