



# Puzzled by Puberty – Part B

## Question Sheet

**True or False** (Mark the sentence 'T' or 'F')

1. Puberty is the period of time when the bodies of males and females develop and become fertile. \_\_\_
2. In puberty, the pituitary gland releases hormones that stimulate the testicles and the ovaries to produce their own hormones. \_\_\_
3. The ovaries produce testosterone. \_\_\_
4. The testicles produce estrogen and progesterone. \_\_\_
5. Puberty involves emotional and physical changes. \_\_\_
6. Everyone begins puberty at the same time. \_\_\_
7. Puberty can cause a boy's voice to deepen. \_\_\_
8. During puberty, only girls develop pubic hair. \_\_\_
9. A wet dream is a normal way the body makes room for new sperm. \_\_\_
10. Females can produce a sperm. \_\_\_
11. During puberty, a boy's testicles, scrotum and penis grow larger. \_\_\_
12. During puberty, boys and girls experience an increase in height and weight. \_\_\_
13. Males have a menstrual cycle. \_\_\_
14. During puberty a girl's breasts develop and her hips broaden. \_\_\_
15. An erection is caused by blood filling the blood vessels in the penis. \_\_\_
16. During puberty, boys and girls grow underarm hair. \_\_\_
17. Menstruation is the shedding of the lining of the uterus. \_\_\_
18. Every girl experiences cramps when she menstruates. \_\_\_
19. In males, the testes produce about 400 million new sperm every day. \_\_\_
20. Everyone's pattern of development is unique. \_\_\_