

Sub-Task #5 How the Changes at Puberty Relate to the Reproductive System

Materials

Video: Optional “Everything You Wanted to Know About Puberty . . . For Girls”

Description

Students will identify how the hormones cause a reproductive reaction in the body through class discussion and worksheets.

Expectation Code	Learning Expectation
6p2	Identify the major parts of the reproductive system and their functions and relate them to puberty
6p8	Relate the changes at puberty to the reproductive organs and their functions

Assessment Opportunities – Suggestions for Assessing Expectations

Formative Assessment: Pencil Paper – Through classroom discussion, determine student understanding of how the changes at puberty in a female relate to the reproductive system. The students will assess their understanding of how the changes a female experiences at puberty relates to the reproductive organs and their functions and by doing the worksheet, *Girls at Puberty* (see Appendix S and T) and self-correcting it.

Teaching/Learning Strategies

1. Introduction

- Lead a discussion with the class by reviewing the questions/statements written at the end of Sub-Task #4.
- Use “The Changes The Female Experiences At Puberty” (see Appendix R) to link the actual changes that occur when estrogen is produced.
- Students complete the worksheet “Girls At Puberty.” Take up the worksheet and students self-correct (see Appendix S and T).
- As an extension, show the video, “Everything You Wanted to Know About Puberty...Girls” (see Appendix R). This video relates the changes at puberty to reproduction and how these changes affect a female’s emotional development.
 - There are pre and post-discussion questions related to “Everything You Wanted to Know...Girls” on the worksheet (see Appendix U).

Notes to Teacher

- Emphasize the function and emotional/physical impact of menstruation.

Ontario Catholic School Graduate Expectations

CGE(6) The graduate is expected to be a caring family member who attends to family, school, parish, and the wider community

CGE6(b) Recognizes human intimacy and sexuality as God-given gifts, to be used as the Creator intended

Fully Alive

In teaching the material on puberty and reproduction Theme 3, **Created Sexual: Male and Female** MUST be the resource used with the students. In using Fully Alive as the teaching resource, the students are also deepening their understanding of human sexuality as a gift from God which empowers the human person to be loving and life-giving co-creators with God.

Theme 3, **Created Sexual: Male and Female** , Topic 2, Love and Life

- explore the meaning of sexuality as loving and life-giving
- deepen their understanding of human fertility

TM pp. 53-56, SB pp. 58-64

Theme 3, **Created Sexual: Male and Female** , Topic 4, Growing and Changing

- explore some of the ways in which heredity and environment influence development
- deepen their understanding of the changes of puberty

TM pp. 63-69, SB pp. 74-84

Theme 2, **Living In Relationship** , Topic 5, The Growth of Friendship

- explore changes in friendship as people develop
- be encouraged to appreciate the value of real friendship

TM pp. 42-44, SB pp. 46-48

Theme 2, **Living In Relationship** , Topic 6, Stress in Friendship

- explore stressful situations in friendships
- be encouraged to appreciate that some stress in friendships is unavoidable

TM pp. 45-47, SB pp. 49-52