

Puberty Scramble Cards – Answer Sheet

1. Boys' voices become deeper
2. Breast development is often the first sign of puberty for girls
3. Erections can happen for NO REASON
4. Deodorant use prevents body odour
5. Testosterone and Estrogen are hormones that cause changes
6. Boys before puberty have NO sperm
7. Ejaculation at night is called a wet dream
8. Pimples are caused when oil ducts are blocked with bacteria
9. Strong sexual feelings cause you to be attracted to someone's looks
10. Boys usually start puberty later than girls
11. Girls are usually first to want to date
12. Menstruation is a sign you can become a mother
13. Moodiness is caused by hormones
14. Feeling self-conscious is due to body changes
15. Calling someone sexual names is sexual harassment