

Sub-Task #3 You're the Judge – The Use of Effective Communication Skills

Materials

See list of Appendices

Description

Using group discussion, students interact to understand the importance of receiving good information and how to use effective communication skills to deal with various relationships and situations.

Expectation Code	Learning Expectation
7p11	Use effective communication skills (e. g., refusal skills, active listening) to deal with various relationships and situations
7P13	Identify sources of support with regards to issues related to healthy sexuality (e.g., parents/guardians, doctors)

Assessment Opportunities – Suggestions for Assessing Expectations

- **Formative Assessment: Personal Communication** – Students will be assessed on how they use effective communication skills to deal with various relationships through classroom discussion on building healthy relationships.
- **Summative Assessment: Pencil and Paper Task** – Students will complete “Problems? Who Can Help?” Worksheet (see Appendix S) to identify their understanding of where they can get help with regards to healthy sexuality.

Teaching/Learning Strategies

1. Getting Good Information

- Reinforce the importance of getting good information about sexuality. Students complete “Opinion or Fact Sheet” (see Appendix R). Students compare their responses in pairs/small groups. Review the following:
 - opinion is not necessarily a fact but more of an attitude
 - someone’s attitude may be strong enough to make you believe it is fact
 - individuals must be able to distinguish between fact and opinion

The teacher will emphasize that students need to get the facts in order to “get good information” about sexuality. Students complete “Problems? Who Can Help?” (see Appendix S).

2. Looking at Myself

- Students complete “Looking at Myself” activity sheet (see Appendix T).

Discussion Points:

What should we be focusing on when we look at ourselves? We need to focus on our positive traits and to celebrate each person’s uniqueness.

Discuss the following question: What are those traits (physical, personality) that you find desirable in another person? For example:

Positive Physical Traits	Positive Personality Traits	
muscle development	sense of humour	loyal
body shape	positive	trustworthy
smile	helpful	kindness
hair	character builder	friendliness
legs	easy to talk to	
eyes		

3. Expressing Interest in Another Person

- Explain that there are many ways that people show that they like, or are interested in, another person. Some ways make the other person feel good (appropriate) while other ways do not (inappropriate).

Students suggest ways to show they are interested in another person, e. g., tell the person you enjoy their company, start conversations about person's interest, help someone when they need assistance, talk quietly together. Students identify which of the suggested ways are effective ways of communicating to build a positive relationship.

Option: use activity sheet, "Ways to Develop A Friendship" and "Friendships" (see Appendices U and V) to help students understand how to use effective communication skills to develop a healthy relationship.

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Notes to Teacher

Ontario Catholic School Graduate Expectations

- CGE (2) An effective communicator who speaks, writes and listens honestly and sensitively, responding critically in light of gospel values
- CGE 2(c) Presents information and ideas clearly and honestly with sensitivity to others
- CGE 4(a) Demonstrates a confident and positive sense of self and respect for the dignity and welfare of others

Fully Alive

Theme 2, **Living in Relationship** will also provide useful content for teaching about effective communication skills in relationships.

Theme 2, **Living in Relationship**, Topic 2, *The Family*

- Be encouraged to value good communication in family relationships
Lesson 2, TM pp. 41-42, SB pp. 42-45

Appendices

Unit 4 Appendix R	Opinion or Fact – Worksheet
Unit 4 Appendix S	Problems? Who Can Help? – Worksheet
Unit 4 Appendix T	Looking At Myself – Worksheet
Unit 4 Appendix U	Ways to Develop a Friendship – Worksheet
Unit 4 Appendix V	Friendships – Worksheet