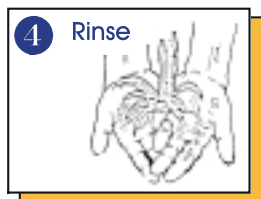


HANDWASHING is considered the cornerstone of preventing the spread of infection. Good thorough handwashing is very simple and should become a habit for everyone.

Handwashing has been shown as an important step to stop the spread of germs and reduce colds. It is recognized as a primary weapon in the fight against infection. Washing hands properly involves six (6) simple steps.

6 Step Method of Handwashing



Proper handwashing involves using warm, running water, soap, plenty of friction and a clean towel (or paper towel) to dry hands.

How long should this take? Try singing “**The Happy Birthday Song**”.

HANDWASHING IS AND REMAINS THE SIMPLEST AND MOST EFFECTIVE WAY TO CONTROL THE SPREAD OF GERMS.