Sexually Transmitted Infections Worksheet

1. What are Sexually Transmitted Infections (STI’s)?

Illnesses that are spread from an infected person to another person through sexual contact.

2. Name some STI’s:

Chlamydia, Human Papilloma Virus (HPV), Genital Herpes, Hepatitis (B and C), Gonorrhea, Syphilis, Human Immunodeficiency Virus (HIV), Lymphogranuloma Venereum (LGV).

3. How are STI’s transmitted? (3 ways)

Sexual Intercourse (sexual contact), blood to blood contact, mother to baby.

4. Can STI’s be treated?

Bacterial STI’s can be treated (Chlamydia, Gonorrhea, Syphilis, LGV).

5. Which STI’s do NOT have a cure?

HPV, Genital Herpes, HIV, Hep B, Hep C.

6. Name some signs and symptoms of STI’s:

Sometimes there are NO symptoms
Sores on the genitals
Discharge from penis or vagina
Burning feeling when peeing
Abdominal pain
Painful sex
Bleeding during or after sex

7. Where would someone go for testing and/or treatment?

Family Doctor, Nurse Practitioner, Health Unit Clinic, Emergency.

8. How can STI’s be prevented?

Abstain from all sexual activities, use condoms always for sexual activities, and do not share needles or drug use equipment.